

Caradoc Classic 09/05/2007

Race	Poss	NAME	CLUB	Cat	Ave Leaders Time	0:24:48
					TIME	
	*	*				
471	1	Tom Owens	Mercia	SM	0:23:10	0.93
495	2	Harold Wyber	Mercia	SM	0:24:07	0.97
494	3	Peter Vale	Mercia	SM	0:24:20	0.98
478	4	Ian Houston	Wrexham	SM	0:24:28	0.99
208	5	Roger Lamb	Mercia	M40	0:24:44	1.00
176	6	Daniel Lewis	Shaftsbury Barnet Harriers	SM	0:24:57	1.01
195	7	Roland Stafford	Mercia	SM	0:25:11	1.02
491	8	Mark Bollom	Mercia	SM	0:25:24	1.02
209	9	Peter Stuart Ball	Shrewsbury	SM	0:25:40	1.03
202	10	Kevin Francis	Shrewsbury AC	M40	0:25:59	1.05
484	11	Paul Jones	Oswestry Oiympians	SM	0:26:05	1.05
173	12	Juan Castillo	Shrewsbury AC	SM	0:26:12	1.06
185	13	Shaw Pye	Amazing Feet	SM	0:26:18	1.06
194	14	Edward Davies	Mercia	M50	0:26:22	1.06
472	15	Colin Lancaster	Telford AC	M40	0:26:41	1.08
212	16	Anthony Nicholls	Wrekin RR	SM	0:26:55	1.09
186	17	John Bristow	U/A	SM	0:27:19	1.10
463	18	Haydn Jones	Maldwyn Harriers	M40	0:27:22	1.10
452	19	Mark Fenn	Mercia	SM	0:27:29	1.11
193	20	Anna Bartlett	Shrewsbury AC	SL	0:27:33	1.11
217	21	Simon White	U/A	SM	0:27:45	1.12
485	22	Edward Jopling	Newport & Dist	SM	0:27:48	1.12
461	23	Matthew Clewes	Mercia	M40	0:27:50	1.12
456	24	Henry Thomas	Telford AC	M40	0:28:06	1.13
184	25	Craig Lewis	Amazing Feet	SM	0:28:24	1.15
458	26	Paul Beeson	Maldwyn Harriers	M40	0:28:32	1.15
197	27	Melanie Price	Mercia	SL	0:28:59	1.17
187	28	Bob Dredge	Mercia	M50	0:29:09	1.18
457	29	Glyn Fletcher	Maldwyn Harriers	M40	0:29:11	1.18
480	30	Andrew Beeston	Shrewsbury AC	SM	0:29:18	1.18
179	31	Steve Watkins	Telford Harriers	M40	0:29:21	1.18
191	32	Tim Jones	Shropshire Shufflers	M40	0:29:24	1.19
214	33	Paul Johnson	U/A	SM	0:29:35	1.19
497	34	Andy Lewis	Shrewsbury AC	M50	0:29:36	1.19
190	35	Darren Mitchelmore	Pontesbury Tri	M40	0:29:39	1.20
483	36	John Richards	Oswestry Olympians	M40	0:29:40	1.20
453	37	Sean Turley	U/A	SM	0:29:47	1.20
210	38	Chris Bowen	Shrewsbury AC	SM	0:30:05	1.21
475	39	Russel Mapp	Mercia	M40	0:30:06	1.21
493	40	Sandy Mackenzie	Newport & Dist	SM	0:30:14	1.22
196	41	Andy Pryce	U/A	SM	0:30:19	1.22
489	42	Noel Hogan	Newport & Dist	M40	0:30:23	1.23
213	43	Julie Cowley	U/A	L40	0:30:25	1.23
465	44	Philip Johnson	Dudley K.Ford	M40	0:30:34	1.23
469	45	Bill Llewellyn	Telford AC	M40	0:30:35	1.23
199	46	Scott Lewis	Mercia	M40	0:30:42	1.24
175	47	Martin Godwin	U/A	SM	0:30:48	1.24
482	48	Derek Owen	Shrewsbury AC	M50	0:30:54	1.25

500	49	Paul Hill	Telford Harriers	M40	0:30:58	1.25
219	50	Paul Sanderson	Telford AC	M50	0:31:14	1.26
178	51	Dave Woodvine	Shropshire Shufflers	SM	0:31:21	1.26
206	52	Brian Crowther	U/A	SM	0:31:33	1.27
189	53	Andy Heaton	Last Runners	M40	0:31:37	1.27
498	54	John Littley	U/A	M40	0:31:45	1.28
215	55	Dave Hopkins	Telford AC	M50	0:31:47	1.28
177	56	Val Swingler	Shropshire Shufflers	L40	0:31:55	1.29
466	57	Alexander Pryde	U/A	SM	0:32:07	1.30
459	58	Frederick Cooper	U/A	SM	0:32:12	1.30
172	59	Dean Watkins	Telford Harriers	M40	0:32:13	1.30
203	60	Graham Parton	Shrewsbury AC	M40	0:32:17	1.30
451	61	Stuart Robinson	Telford Harriers	SM	0:32:19	1.30
218	62	Bruce Blackman	U/A	SM	0:32:34	1.31
183	63	Geoff Cowell	Mercia	M50	0:32:40	1.32
499	64	Rob Day	Telford Harriers	M40	0:32:40	1.32
181	65	John Ebrey	U/A	M50	0:32:49	1.32
474	66	Lisa Garside	Telford AC	L40	0:32:52	1.33
462	67	Michael Warren	Amazing Feet	SM	0:32:54	1.33
477	68	Pete Singer	Dudley Kingswinford	M50	0:32:58	1.33
450	69	Mark Bartley	Totley AC	M40	0:33:07	1.34
201	70	Gill Evans	Shepshed	L40	0:33:09	1.34
490	71	Richard Haynes	Amazing Feet	SM	0:33:17	1.34
488	72	Leena Sankey	Mercia	SL	0:33:23	1.35
174	73	Robert Tedcastle	Shrewsbury AC	SM	0:33:32	1.35
182	74	Adrian Donnelly	U/A	M40	0:33:49	1.36
200	75	Alison Lewis	Mercia	L40	0:34:10	1.38
481	76	Rob Beeston	Shropshire Shufflers	M50	0:34:48	1.40
486	77	Bernie Holbrook	Newport & Dist	M50	0:35:44	1.44
207	78	James Adney	Badtri	SM	0:35:58	1.45
460	79	Richard Burton	Shropshire Shufflers	M40	0:36:40	1.48
479	80	Adrian Humphreys	U/A	M50	0:36:41	1.48
198	81	Andrew McNicholas	Fornden	SM	0:36:51	1.49
464	82	Lucy Cambridge	Dudley Kingswinford	SL	0:36:53	1.49
496	83	Tony Mills	U/A	M40	0:37:06	1.50
470	84	Helen MacDonald-Jones	Newport & Dist	L50	0:37:20	1.51
204	85	Ruth Stafford	U/A	SL	0:37:28	1.51
467	86	Alan Hodgkiss	Telford AC	M60	0:37:29	1.51
180	87	Chris Barcroft	U/A	M50	0:37:30	1.51
454	88	Nick Kingston	Mercia	M50	0:37:36	1.52
468	89	Chris Lewis	Telford AC	SM	0:38:17	1.54
211	90	Thomas Portman	Wrekin Road Runners	SM	0:38:31	1.55
492	91	John Brown	Newport & Dist	M60	0:38:33	1.55
455	92	Terri Jones	Maldwyn Harriers	L40	0:38:35	1.56
476	93	Jane Mapp	Mercia	L40	0:39:09	1.58
188	94	Carol Dredge	Mercia	L50	0:40:35	1.64
473	95	Julie Ferris	Mercia	SL	0:40:53	1.65
205	96	Gordon Trevor	Shrewsbury AC	SM	0:41:23	1.67
487	97	Amanda Pearce	Mercia	L50	0:43:38	1.76
216	98	Mark Wilkinson	Shropshire Shufflers	M40	0:46:40	1.88
192	99	Jill Leventon	Mercia	L50	0:48:18	1.95