

# Dash in the Dark Race 3

2nd March 2007

4 miles, 750 feet

1	Matthew	Gilbert	Wrexham	27.12	M	New record
2	Ian	Houston	Wrexham	27.32	M	
3	John	Montgomery	Clwydian Range Runners	27.33	M40	
4	Tim	Higginbottom	Eryri	28.06	M	
5	Anna	Frost	Wrexham	29.56	L	New record
6	Joseph	Nuttal	Cheshire Hill Racers	30.31	M	
7	Will	Haynes	Meirionydd	31.12	JM	
8	Neil	Shepherd	Bowland	31.13	M40	
9	Adam	Haynes	Meirionydd	31.16	M40	
10	Huw	Lewis	Buckley	31.42	M40	
11	Kean	Rowlands	Clwydian Range Runners	31.50	M40	
12	Martin	Cortvriend	Colomendy Cannonballs	32.13	M50	
13	Ben	Amesbury	Clwydian Range Runners	32.32	M	
14	Will	James	Clwydian Range Runners	34.27	M40	
15	Mark	Wright	u/a	34.30	M40	
16	Chris	Jones	Clwydian Range Runners	34.45	M	
17	Howard	Jones	u/a	35.14	M40	
18	Chris	Wilcox	u/a	35.21	M50	
19	Jim	Davis	Clwydian Range Runners	35.29	M40	
20	Mary	Gillie	Clwydian Range Runners	35.39	L	
21	John	Linley	Clwydian Range Runners	35.45	M50	
22	Ken	Jones	Denbigh	36.08	M50	
23	Duncan	Jones	Denbigh	36.46	M	
24	Sandra	Montgomery	Clwydian Range Runners	37.03	L	
25	Lisa	Morley	Wrexham	37.53	L	
26	David	Livesy	u/a	37.59	M50	
27	Jim	Alcock	Wrexham Tri	38.08	M	
28	Clare	Page	u/a	38.17	L	
29	Rachel	Lloyd	Wrexham	38.34	L	
30	Sarah	Bayliss	Denbigh	40.25	L	
31	Martin	Potter	Clwydian Range Runners	43.49	M50	
32	Roger	Snaith	Denbigh	44.00	M	
33	Dave	Peers	Pensby	50.02	M50	