

ASICS Yale Hospital Castell Dinas Bran Hill Run, Llangollen - 2 May 07

Position	Name	Club	Cat	Time
1	IAN HOUSTON	WREXHAM	M	29.16
2	PAUL AIRD	LAST INN RUNNERS	M45	31.42
3	PAUL JONES	OSWESTRY OLYMPIANS	M	31.55
4	PAUL STINTON	CLWYDIAN AC	M	32.19
5	ASHLEY GRAY	SHREWSBURY AC	M	32.30
6	STEVE BELLIS	WREXHAM	M50	33.23
7	SIMON EDWARDS	BUCKLEY RC	M	33.25
8	RICHARD EDWARDS	MENAI T&F	M	33.41
9	STEPHEN JONES	WREXHAM AC	M	33.45
10	PAUL WILLIAMS	OSWESTRY OLYMPIANS	M	34.04
11	HUW LEWIS	BUCKLEY RC	M45	34.39
12	NICK BLAKE	OSWESTRY OLYMPIANS	M45	34.56
13	GRAHM LOWE	HELSEBY RC	M	35.08
14	ADAIR BROUGHTON	HELSEBY RC	M	35.09
15	CHARLES ASHLEY	WREXHAM AC	M45	35.15
16	ANDY HEATON	LAST INN RUNNERS	M45	36.17
17	DEREK OWEN	SHREWSBURY AC	M55	36.24
18	JOHN LINLEY	CLWYDIAN RR	M55	36.27
19	PETER ROBERTS	BUCKLEY RC	M60	36.32
20	STEVE L JONES	ERYRI H	M50	36.35
21	JOHN RICHARDS	OSWESTRY OLYMPIANS	M40	36.57
22	KEAN ROWLANDS	CLWYDIAN RR	M45	37.20
23	DAVE HUGHES	U/A	M40	37.32
24	CONNOR CORR	WREXHAM AC	M	37.36
25	RICHARD MITCHELL	HELSEBY RC	M55	37.41
26	ALISON TICKNER	OSWESTRY OLYMPIANS	F35	37.43
27	DAWN URQUART	BUCKLEY RC	F35	37.45
28	JOHN MORRIS	BUCKLEY RC	M60	38.38
29	PHIL WALKER	WREXHAM AC	M55	38.50
30	JANE ASHBROOK	HELSEBY RC	F	38.58

31	MICHAEL HICKS	CORBY AC	M40	39.12
32	DAVE ORMEROD	WELSH FRA	M60	39.45
33	ANDY SMITH	HELSEBY RC	M45	40.11
34	EDWARD HUGHES	U/A	M	40.15
35	NEIL McANDREW	U/A	M	40.31
36	CHRIS WILCOX	FRA	M50	40.42
37	LISA MORLEY	WREXHAM AC	F35	41.08
38	NIGEL PRATTEN	WIRRAL AC	M60	41.50
39	BARRIE JACKSON	BRODYSYNNI AC	M65	42.06
40	HOLLY TAYLOR	HELSEBY RC	F	42.16
41	JACK THOMAS	BUCKLEY RC	M65	42.28
42	DAVE JONES	DARK PEAK FELL	M60	42.4
43	KATE CURZAN	OSWESTRY OLYMPIANS	F40	42.42
44	STEPHEN EVANS	U/A	M40	43.35
45	ALAN JOHNSTONE	INGLI RUNNERS	M55	44.34
46	STEPH CHARMAN	HELSEBY RC	F55	44.51
47	ELLEN ASHTON	OSWESTRY OLYMPIANS	F35	44.56
48	BEVERLY ROBERTS	HELSEBY RC	F35	45.45
49	JIM ALCOCK	WRECSAM TRI	M	46.28
50	MICHAEL EDWARDS	WREXHAM AC	M60	46.55
51	RACHEAL LAMBERT	HELSEBY RC	F	47.29
52	ROD HART	SUTTON FEN RC	M50	49.06
53	SHEILA RICHARDS	SHREWSBURY AC	F50	57.02

TEAMS

FIRST MENS TEAM	BUCKLEY RC
FIRST LADIES TEAM	JOINT: OSWESTRY OLYMPIANS
	HELSEBY RC

Thank you for your support.