

Pos	No	First name	Surname	Club	Local	Gender	Age Cat.
1	648	Alun	Vaughan	Eryri Harriers		m	u40
2	647	Francis	Blunt	CFR	Local	m	u23
3	633	Colin	Donnelly	Lochaber AC		m	o40
4	645	Tim	Higginbottom	Eryri Harriers		m	u40
5	607	Iain	Ridgway	Eryri Harriers		m	u40
6	625	Dylan	Wynn Jones	Eryri Harriers		m	u40
7	643	Adam	Haynes	Meirionydd		m	o40
8	641	Stephen	Gilliland	Bro Dysynni		m	o40
9	624	Iwan	Morton	Eryri Harriers		m	u40
10	630	Justin	McIlveen	Abergele		m	u40
11	635	Peter	Taylor	Tattenhall Runners		m	u40
12	629	Stephen	Jones	Eryri Harriers		m	o50
13	637	Scott	Butterworth	Eryri Harriers		m	u40
14	631	Stephen	Jones	Wrexham AAC		m	u40
15	663	Simon	Cash	Unattached	Local	m	u40
16	621	David	Thomas	Unattached		m	u40
17	640	Ben	Beachell	Eryri Harriers	Local	m	u40
18	626	Matthew	Roberts	Eryri Harriers		m	u40
19	616	Andrea	Roberts	Eryri Harriers		f	u40
20	619	Jeremy	Williams	Eryri Harriers	Local	m	o50
21	628	Donald	Williams	Eryri Harriers	Local	m	o60
22	610	Alan	Duncan	Bowland FR		m	o50
23	649	Ben	Amesbury	Clwydian Range Runners		m	u40

24	651	Nicholas	Holmes	Tattenhall Runners		m	o40
25	613	David	Walsh	Dark Peak		m	u40
26	655	John	Roberts	Eryri Harriers	Local	m	u40
27	657	Ali	Chant	Todmorden Harriers		m	u40
28	614	Kean	Rowlands	Clwydian Range Runners		m	o40
29	627	Richard	Bovne	Eryri Harriers		m	u40
30	622	Charles	Ashley	Wrexham AAC		m	o40
31	618	Jim	Bennell	Eryri Harriers		m	o50
32	603	Gary	Porter-Jones	Unattached	Local	m	u40
33	602	Richard	Roberts	Unattached	Local	m	o40
34	642	Steve	Murphy	Unattached	Local	m	o40
35	634	Andrew	Wood	Bowline		m	o40
36	653	Ross	Powell	Mercia		m	o50
37	654	Edward	Reid	Abergele Harriers		m	u40
38	638	Hannah	Toberman	Eryri Harriers		f	u40
39	617	Alwyn	Oliver	Eryri Harriers		m	o60
40	644	Jenny	Ewels	Clwydian Range Runners		f	u40
41	664	Edwin	Williams	Eryri Harriers	Local	m	o40
42	632	Peter	Nesbitt	Oswestry Olympians		m	o40
43	646	Samuel	Harvie	Unattached	Local	m	u23
44	623	Philip	Jones	Prestatyn RC		m	o60
45	609	Wayne	Percival	Ambelside AC		m	o40
46	650	Richard	Kenworthy	Tattenhall Runners		m	o40
47	639	Alison	Thomas	Eryri Harriers		f	o40
48	656	Paul	Jones	Eryri Harriers		m	u40

49	615	Sandra	Rowlands	Clwydian Range Runners		f	o40
50	652	David	Prytherch	Eryri Harriers	Local	m	u40
51	636	David	Wright	Unattached	Local	m	o50
52	620	Maggie	Oliver	Eryri Harriers		f	o50
53	611	Cornelia	Bufe	Eryri Harriers		f	u40
54	612	Mike	Blake	Eryri Harriers		m	o50
55	604	Ellie	Salisbury	Eryri Harriers	Local	f	o40
56	605	Adrian	Moir	Mynyddwyr De Cymru (MDC)		m	o40
57	608	Sarah	Hawker	Eryri Harriers		f	u40
58	665	Iorwerth	Roberts	Eryri Harriers	Local	m	o60