

Sponsored by Rainbows End Oswestry & Asics**Mynydd Myfyr Hill Run, Trefonen - 28 May 2007**

Position	Name	Club	Cat	Time
1	MICHAEL JAMES	SHREWSBURY AC	M	20.17
2	IAN HOUSTON	MERCIA FR	M	21.41
3	DAVE MANSBRIDGE	TELFORD AC	M40	22.07
4	JOHN MONTGOMERY	CLWYDIAN AC	M40	22.45
5	ANDY BIRCH	OSWESTRY OLYMPIANS	M	23.03
6	PAUL JONES	OSWESTRY OLYMPIANS	M	23.46
7	ED DAVIES	MALDWYN H	M50	24.06
8	HAYDN JONES	MALDWYN H	M45	24.12
9	PAUL STINTON	BUCKLEY R	M	24.24
10	NICK BLAKE	OSWESTRY OLYMPIANS	M45	24.31
11	ADAIR BROUGHTON	HELSEBY RC	M	24.36
12	ANNA BARTLETT	SHREWSBURY AC	F35	24.39
13	GRAHAM LOWE	HELSEBY RC	M	24.45
14	ANDREW GREEN	WARRINGTON AC	M40	24.46
15	HUW LEWIS	BUCKLEY RC	M45	25.27
16	BARRY THOMPSON	HALESOWEN AC	M50	25.41
17	CHARLES ASHLEY	WREXHAM AC	M45	25.51
18	JOHN RICHARDS	OSWESTRY OLYMPIANS	M40	26.04
19	PHIL GILLARD	HELSEBY RC	M45	26.29
20	LUCINDA INSALL-JONES	BTA	F	26.34
21	STEVE L JONES	ERYRI H	M50	26.41
22	TOBY BLAKE	OSWESTRY OLYMPIANS	M15	26.43
23	DEREK OWEN	SHREWSBURY AC	M55	26.46
24	MICK MIELCZAREK	HALESOWEN AC	M55	26.47
25	GORDON MANSON	OSWESTRY OLYMPIANS	M50	26.50
26	MARK REQUILLE	U/A	M	26.53
27	SURANNE BARTRAM	HALESOWEN AC	F40	26.54
28	KEAN ROWLANDS	CLWYDIAN RR	M45	26.56
29	JOHN LINLEY	CLWYDIAN RR	M55	27.04
30	GLYN JONES	MALDWYN H	M40	27.09
31	IAN CLARKE	U/A (1ST LOCAL)	M45	27.19
32	PETE ROBERTS	BUCKELY R	M60	27.25
33	ANDY SMITH	HELSEBY R	M45	27.34
34	TIM GEORGE	SHREWSBURY AC	M	27.37
35	ALISON TICKNER	OSWESTRY OLYMPIANS	F35	27.45
36	DAWN URQUART	BUCKLEY R	F35	27.47
37	PATRICK GREEN	SERPENTINE	M	27.58
38	SEAN MOONEY	U/A	M45	28.01
39	DAVID TEMPLE	DEESTRIDERS	M	28.06
40	PETER STARKEY	CHORLEY H	M50	28.15
41	STUART ROBINSON	TELFORD H	M	28.27
42	SAM HUTCHINSON	SHREWSBURY AC	F35	28.38
43	HOLLY TAYLOR	HELSEBY R	F	28.53
44	MICHAEL DAVIES	U/A	M55	28.57
45	JOHN EBREY	U/A	M55	28.57
46	KATHRYN ROBERTS	HELSEBY R	F35	29.08
47	NEIL SMITH	U/A	M40	29.10
48	LISA GARSIDE	TELFORD AC	F40	29.17
49	DAN BENSON	U/A	M	29.22
50	IAN WATKINS	OSWESTRY OLYMPIANS	M50	29.24
51	BETH YOUNG	HALESOWEN	F15	29.25
52	KIM BRAZNELL	HALESOWEN	F50	29.27
53	ALISON LEWIS	MERCIA FR	F40	29.31
54	STEPHEN OLIVER	RYDE H	M45	29.33
55	PHIL ELLIS	U/A	M45	29.38
56	BRANDON TAYLOR	HELSEBY RC	M	29.42
57	GARETH HUGHES	PRESTATYN RC	M60	29.45
58	DAVID LLOYD	HALESOWEN	M55	29.51
59	SARAH GREAVES	OSWESTRY OLYMPIANS	F50	29.54
60	ADRIAN DONNELLY	U/A	M45	29.59
61	JEAN TURNER	TELFORD AC	F45	30.16
62	PAUL EDWARDS	U/A	M40	30.31
63	GARETH WYNNE	U/A	M40	31.05
64	JACKI JARVIS	OSWESTRY OLYMPIANS	F45	31.11
65	RICHARD WALL	U/A	M	31.14
66	NEIL BALLARD	OSWESTRY OLYMPIANS	M45	31.44
67	SANDRA MONTGOMERY	CLWYDIAN RR	F35	31.55
68	DARON WYNDLE	TELFORD H	M40	31.58

69	GILL DARBY	LIVERPOOL - PEM - SEFTON	F45	32.09
70	ELLEN ASHTON	OSWESTRY OLYMPIANS	F35	32.16
71	IAN BEATTIE	TELFORD AC	M45	32.18
72	RACHEL LAMBERT	HELSEBY RC	F	32.21
73	CHRIS LEWIS	TELFORD AC	M16	32.51
74	LIZ DOBSON	HELSEBY RC	F40	33.02
75	TOM BENSON	U/A	M	33.10
76	GLENDA DAVIES	PRESTATYN RC	F45	33.15
77	STEPH CHARMAN	HELSEBY RC	F55	33.17
78	JACK GREEN	LAST INN RUNNERS	M14	34.05
79	TRACEY GREEN	LAST INN RUNNERS	F40	34.12
80	ALAN HODKISS	TELFORD AC	M60	34.19
81	MIKE MURRAY	FRA	M55	34.53
82	MIKE McDONALD	BOWLAND FR	M65	35.42
83	STEPANE BORIT	U/A	M	37.58
84	PETER HENRY	U/A	M	38.00
85	MIKE CUTLER	SOUTH CHESHIRE H	M50	38.19
86	JOHN ROWLANDS	TELFORD H	M55	38.24
87	ELLEN HARRISON	OSWESTRY OLYMPIANS	F50	38.48
88	HELEN ELIS	U/A	F40	38.48
89	SHEILA RICHARDS	SHREWSBURY AC	F50	41.50
90	ANN SHAW	TELFORD H	F55	42.54
91	CYNTHIA LEWIS	TELFORD H	F55	47.08

Thank you for your support.