

POS	CAT POS	CHAMPS POS	NUMBER	TIME	NAME	CLUB	AGE GROUP	CHAMPIONSHIPS
1	1	1	35	55:48	Richard Roberts	Eryri Harriers	SM	Y
2	2	-	39	55:59	Steven Crowe	Ellesmere Port	SM	N
3	1	2	50	57:37	Mike Robbins	Wrexham AAC	M40	Y
4	1	-	8	58:06	Paul Dodsworth	Warrington AAC	M35	N
5	2	3	19	58:23	Sean McCormack	Abergele H.	M40	Y
6	3	4	27	59:17	Brendan Rothery	Eryri Harriers	SM	Y
7	1	5	49	59:23	John Earlston	Abergele H.	M45	Y
8	4	-	57	59:31	Mark Dodd	Ellesmere Port	SM	N
9	2	6	71	59:32	Ian James	Wrexham AAC	M45	Y
10	1	7	17	59:33	Paul Wathan	Eryri Harriers	JM	Y
11	2	8	18	59:45	Steven McCormack	Abergele H.	JM	Y
12	3	9	29	59:58	Chris Davies	Buckley R.	M45	Y
13	2	10	63	60:12	Darren Jones	Wrexham AAC	M35	Y
14	3	11	48	60:53	Shaun Hooson	Buckley R.	M40	Y
15	5	-	28	60:59	Simon Jeffs	Ellesmere Port	SM	N
16	1	12	30	61:20	Les Coathup	Buckley R.	M50	Y
17	3	13	58	61:24	George Nicholls	Prestatyn R	M35	Y
18	4	14	21	61:43	Dewi Roberts	Abergele H.	M40	Y
19	1	15	40	61:56	Emma Parry	Wrexham AAC	SW	Y
20	4	-	11	62:07	Roger Millen	Unattached	M45	N
21	1	-	61	63:11	Angela Allen	Horwich RMI	W35	N
22	5	16	34	63:14	Arwel Lewis	Eryri Harriers	M45	Y
23	5	17	22	64:29	Gareth Roberts	Abergele H.	M40	Y
24	4	18	36	64:34	David Nolan	N.WRRC	M35	Y

25	6	19	23	65:08	Kerry Bunston	N.WRRC	SM	Y
26	6	20	38	65:18	Dylan Owen	Eryri Harriers	M40	Y
27	7	21	62	65:24	James Huggins	Buckley R.	SM	Y
28	1	22	69	65:37	Martin Cortvriend	Denbigh H.	M55	Y
29	6	-	72	66:35	Mark Williams	Last Inn Runners	M45	N
30	2	23	43	67:20	Ruth Hetherington	Wrexham AAC	SW	Y
31	1	24	46	67:48	Don Williams	Eryri Harriers	M60	Y
32	5	25	4	68:20	Michael V. Jones	Buckley R.	M35	Y
33	2	26	44	68:45	Geoff Richards	Wrexham AAC	M55	Y
34	7	-	64	68:50	Dave Newton	Oswestry O.	M40	N
35	3	27	42	69:03	David A Jones	Denbigh H.	M55	Y
36	4	-	75	70:21	Michael Whiteside	Tattenhall RR	M55	N
37	5	28	56	71:05	Melvyn Ollier	Wrexham AAC	M55	Y
38	8	29	16	71:31	Haydn Jones	Abergele H.	M40	Y
39	6	30	68	71:44	Paul Donoghue	Buckley R.	M35	Y
40	2	31	54	72:17	Emyr Davies	Eryri Harriers	M60	Y
41	1	-	15	72:32	Jan Littler	Capenhurst R.	W50	N
42	7	32	12	73:25	Tony Gibson	N.WRRC	M45	Y
43	8	33	14	73:33	Duncan Jones	Denbigh H.	M45	Y
44	2	34	51	73:36	Dawn Urquhart	Buckley R.	W35	Y
45	9	-	70	73:57	Glyn Jones	Unattached	M40	N
46	9	35	31	74:34	John Hughs-Roberts	Prestatyn R	M45	Y
47	10	-	73	74:49	Andy Heaton	Last Inn Runners	M45	N
48	10	36	1	75:56	Jack Bradley	N.WRRC	M40	Y
49	1	37	41	78:45	Alison Whitelaw	Wrexham AAC	W45	Y
50	3	38	37	79:04	John Morris	Buckley R.	M60	Y
51	3	39	66	79:29	Rachel Lloyd	Wrexham	W35	Y

						AAC		
52	7	-	7	80:25	Neil McAndrew	Unattached	M35	N
53	6	-	52	80:56	Chris Baily	Unattached	M55	N
54	11	40	53	82:21	J Merfyn Williams	Eryri Harriers	M45	Y
55	12	41	59	83:24	Kevin Higgins	N.WRRC	M45	Y
56	8	-	6	83:51	Gwyn Jones	Unattached	M35	N
57	4	42	20	84:41	Malcolm Taylor	Bro Dysynni	M60	Y
58	1	43	32	85:14	Barrie Jackson	Bro Dysynni	M65	Y
59	9	-	67	87:19	Jason Jennings	Unattached	M35	N
60	4	-	60	89:58	Sharon Edwards	Unattached	W35	N
61	3	-	45	91:58	Miriam Lamb	West Cheshire AAC	SW	N
62	3	-	5	92:06	Andrew McGuire	Unattached	JM	N
63	2	44	9	92:16	Barry Sylvester	N.WRRC	M65	Y
64	5	45	55	93:34	Mike Edwards	Wrexham AAC	M60	Y
65	1	46	10	99:38	Ray Billington	Wrexham AAC	M70	Y
66	1	-	13	100:05	Mary Radford	West Cheshire AAC	W60	N