

Râs Moel Eilio 12/5/2007

No	Time	Name	Club							
Rhif	Amser	Enw	Clwb	M	V40	V50	V60	L	LV40	LV50
34	67.12	Richard H Roberts	Eryri	1						
31	69.19	Iwan Morton	Eryri	2						
8	72.33	Stephen Gilliland	Bro Dysynni		1					
28	73.20	Anna Frost	Wrexham AC					1		
61	74.13	Craig Jones	U/A	3						
56	75.05	Nick Peplow	U/A	4						
26	75.35	Geran Hughes	Abergele Harriers		2					
40	75.43	Dylan Wynn Jones	Eryri	5						
6	78.16	Kevin Hagley	SWRR		3					
52	78.57	Simon Cash	U/A	6						
33	79.12	Arwel Lewis	Eryri		4					
41	79.31	Iwan Edgar	Eryri			1				
18	79.40	Paul Stinton	Clwydian	7						
23	80.30	Stephen Jones	Wrexham AC	8						
7	82.30	Dafydd Williams	Eryri		5					
15	82.51	Dylan Owen	Eryri		6					
48	83.06	David Foley	Mercia FR	9						
35	83.11	Amy Green	Keighley + Craven AC					2		
58	83.17	Eilir Evans	Eryri			2				
17	83.28	Huw Lewis	Buckley		7					
44	83.36	Richard Wyn Williams	Eryri	10						
14	83.45	Don Williams	Eryri				1			
50	83.57	Dave Powell	Aberystwyth AC		8					
60	84.10	Martin Cortvriend	Macclesfield			3				
1	84.17	Noel Craine	Eryri		9					
29	84.18	Neil Hindle	U/A			4				
63	84.43	Lliffon Foulkes	Eryri	11						
57	85.02	Craig South	U/A	12						
49	85.04	Geoff Oldrid	Aberystwyth AC			5				
43	86.36	Gwyndaf Rowlands	Menai T+F	13						
9	87.06	Jeremy H Williams	Eryri			6				
42	87.20	Jim Bennell	Eryri			7				
51	87.27	Phoebe Webster	UW Aberystwyth Harriers					3		
19	87.38	Peter Roberts	Buckley				2			
4	88.39	Peter Williams	U/A		10					
22	89.13	Richard Borne	Eryri		11					
10	89.45	Ben Amesbury	Clwydian	14						
54	90.01	Gary Porter-Jones	U/A	15						
65	90.39	Jenny Heming	Eryri					4		
13	92.19	Dafydd Whiteside Thomas	Eryri				3			
16	92.41	Dilwyn Rowlands	Eryri	16						
3	93.09	Stephen L Jones	Eryri			8				
47	93.19	Ross Powell	Mercia FR			9				
24	93.56	Aaron Nicholas	Eryri	17						
36	94.02	Richard Emlyn Roberts	U/A		12					
55	95.39	Mike Hale	Eryri			10				
53	95.49	Louise Barker	Aberystwyth AC					5		
38	96.35	Clare Page	U/A					6		
39	96.52	Dave Broatch	U/A		13					
46	97.20	Ali Chant	Todmorden	18						
59	99.24	Paul Oldfield	Clwydian		14					
11	100.26	Sandra Rowlands	Clwydian						1	
2	100.34	Maggie Oliver	Eryri							1
5	105.28	Ellie Salisbury	Eryri						2	
27	107.19	Angella Hughes	Abergele Harriers						3	
25	107.19	Hilary Jacques	Abergele Harriers							2

21	110.17	Wendy Trimbel	Eryri			7
37	110.22	Harri Roberts	U/A	15		
30	110.57	Linda Edmondson	Wrekin RR			4
32	113.59	Roderick Rodgers	Eryri	16		
62	114.00	Shane Price	U/A	19		
45	116.55	Iorwerth Roberts	Eryri		4	
12	124.19	Stephen Roberts	NW Police	20		