

MALDWYN HARRIERS MID WALES RACE SERIES 2009
CARNIVAL 5K ROAD RACE AND FUN RUN

3rd IN THE SERIES

2 lap course finishing along the River Severn

FRIDAY 12TH JUNE 2009

Course Measurement Cert No: W/09/

Permit No: 2009/12/6

Fun Run starts at 7pm - Main race starts at 7.30pm

(Under 9's must be accompanied by an adult)

Race run under UKA Rules

(11 years and over)

Course not suitable for wheelchairs

VENUE: Back Lane Car Park, Newtown (Opposite ARGOS) SY16 2NH

First aid, presentation

Entry fees: £6.00 Club £8.00 U/A Entries on the day £1.00 extra

Fun Run Entry Fee £2.00

Awards in all categories and prize to all fun runners

ENTRIES TO: Steve & Caroline Orrells, 15 Dysart Terrace, Canal Road, Newtown, Powys, SY16 2JL. Telephone: 01686 624211

www.maldwynharriers.org.uk or orrells@hotmail.co.uk

Please accept my entry for the Newtown Carnival 5k Race/Fun Run/Series on Friday 12 June 2009

NAMEM/F..... AGE ON DAY

ADDRESS

D.O.B..... TELEPHONE NUMBER

Registration NumberClub

Fees: £ 6.00 Club £ 8.00 U/A Entries on the day £1.00 extra Payable to Maldwyn Harriers

Fun Run £2.00

The organisers of this race will not be responsible for any loss or injury to myself or my property while I attend this event. I am medically fit to run and I agree to abide by UKA laws. I declare that I am an amateur runner.

Signed Date

Signed (Under 16's - Parent signs) Date