

Race series:

Shropshire Hills Winter Series 2008 - 2009

Race link:[Long Mynd Valleys Race](#)**Race date:**

Sun, 08/02/2009 - 11:30am

										Ave Leaders Time (1st 10)	1:58:33
Race#	Series#	Poss	In Cat	NAME	CLUB	Cat			TIME	% Leader	
866	1239	1	1	Andrew Davies	Mercia	SM	0:00:00	1:52:38	1:52:38	105%	
703	1503	2	1	Mark Palmer	Mynydd Du	M45	0:00:00	1:52:43	1:52:43	105%	
771	994	3	2	Richard Roberts	Eryri	SM	0:00:00	1:54:39	1:54:39	103%	
858	729	4	3	Roland Stafford	Mercia	SM	0:00:00	1:55:53	1:55:53	102%	
821	1556	5	4	Tom Gibbs	MDC	SM	0:00:00	1:56:10	1:56:10	102%	
735	1519	6	5	Tom Brunt	Holmfirth	SM	0:00:00	1:57:07	1:57:07	101%	
867	1221	7	6	Jon Bowie	Oswestry Olympians	SM	0:00:00	1:57:21	1:57:21	101%	
835	1564	8	1	Stephen Pyke	Staffordshire Moorlands	M40	0:00:00	1:57:32	1:57:32	101%	
733	1518	9	7	Bill Stewart	Holmfirth	SM	0:00:00	2:00:40	2:00:40	98%	
863	103	10	1	Edward Davies	Mercia	M50	0:00:00	2:05:24	2:05:24	95%	
762	1530	11	8	Malcolm Muir	Springfield Striders	SM	0:00:00	2:06:12	2:06:12	94%	
833	333	12	9	Tim Werrett	Mercia	SM	0:00:00	2:06:22	2:06:22	94%	
850	1568	13	2	Andy Dickenson	Dark Peak FR	M45	0:00:00	2:06:22	2:06:22	94%	
712	492	14	1	Jackie Lee	Eryri	SL	0:00:00	2:06:27	2:06:27	94%	
785	1276	15	2	Ian Grindley	Wolv/Bilston	M40	0:00:00	2:06:28	2:06:28	94%	
743	1524	16	10	Roy Scott	Southend AC	SM	0:00:00	2:06:29	2:06:29	94%	
742	1523	17	3	Ray Green	Saddleworth	M40	0:00:00	2:06:46	2:06:46	94%	
815	1116	18	3	Nick Thomas	Telford Harriers	M45	0:00:00	2:07:02	2:07:02	93%	
737	593	19	11	Mark Bollom	Mercia	SM	0:00:00	2:07:05	2:07:05	93%	
802	322	20	12	Stewart Bellamy	Mercia	SM	0:00:00	2:07:18	2:07:18	93%	
753	1108	21	13	Patrick Wooddisse	Bristol and West	SM	0:00:00	2:08:22	2:08:22	92%	
854	243	22	14	Paul Jones	Oswestry Olympians	SM	0:00:00	2:09:16	2:09:16	92%	
728	27	23	4	Andy Yapp	Mercia	M40	0:00:00	2:09:26	2:09:26	92%	
774	428	24	2	Anna Bartlett	Shrewsbury AC	SL	0:00:00	2:09:38	2:09:38	91%	
847	919	25	5	Julian Bradbury	Mercia	M40	0:00:00	2:10:27	2:10:27	91%	
772	1533	26	15	James Howard	U/A	SM	0:00:00	2:11:05	2:11:05	90%	

744	19	27	6	Andy Davies	Mercia	M40	0:00:00	2:11:06	2:11:06	90%
807	1545	28	16	Simon Roberts	Buckley Runners	SM	0:00:00	2:11:18	2:11:18	90%
732	1517	29	17	Tim Oakes	U/A	SM	0:00:00	2:12:45	2:12:45	89%
857	929	30	18	Richard Dearden	Harlequins Orienteering	SM	0:00:00	2:14:19	2:14:19	88%
856	1041	31	19	Steven Cale	Wrekin College	SM	0:00:00	2:14:29	2:14:29	88%
811	1549	32	20	Jez Brown	Buckley Runners	SM	0:00:00	2:14:49	2:14:49	88%
752	235	33	7	Noel Hogan	Newport & Dist	M40	0:00:00	2:16:05	2:16:05	87%
746	13	34	4	Andrew Carruthers	Halesowen AC	M45	0:00:00	2:16:32	2:16:32	87%
806	1123	35	3	Andrea Roberts	Eryri	SL	0:00:00	2:16:37	2:16:37	87%
883	1578	36	21	Gareth Hardcastle	Telford AC	SM	0:00:00	2:16:37	2:16:37	87%
825	1558	37	8	Phil Janaway	Macclesfield	M40	0:00:00	2:16:47	2:16:47	87%
797	894	38	1	Alan Duncan	Bowland F.R.	M55	0:00:00	2:19:07	2:19:07	85%
862	352	39	22	Andrew Birch	Osw Olympians	SM	0:00:00	2:19:09	2:19:09	85%
722	1135	40	5	Dave Powell	Aberystwyth	M45	0:00:00	2:19:16	2:19:16	85%
798	1542	41	23	Shaun Thompson	Saddleworth	SM	0:00:00	2:19:31	2:19:31	85%
726	1514	42	4	Helen Berry	Holmfirth	SL	0:00:00	2:19:40	2:19:40	85%
822	937	43	9	Richard Hyde	Erwash Valley	M40	0:00:00	2:19:53	2:19:53	85%
766	1433	44	6	Howard Chambers	Saddleworth	M45	0:00:00	2:20:10	2:20:10	85%
792	813	45	24	John Bristow	U/A	SM	0:00:00	2:21:28	2:21:28	84%
763	61	46	7	Chris Smallman	Mercia	M45	0:00:00	2:21:33	2:21:33	84%
871	1573	47	10	John Hewitt	Glossopdale	M40	0:00:00	2:21:45	2:21:45	84%
761	1121	48	11	Dave Sykes	Tattenhall Runners	M40	0:00:00	2:21:51	2:21:51	84%
751	1526	49	8	Peter Gardner	FRA	M45	0:00:00	2:22:05	2:22:05	83%
725	892	50	12	Mark Agnew	Mercia	M40	0:00:00	2:22:39	2:22:39	83%
872	1232	51	25	Tom Roo	Mercia	SM	0:00:00	2:22:41	2:22:41	83%
788	732	52	26	Neil Postans	Shropshire Shufflers	SM	0:00:00	2:22:58	2:22:58	83%
842	580	53	27	Richard Hornsby	Croft Ambrey	SM	0:00:00	2:23:01	2:23:01	83%
879	1576	54	13	Jonathan Willock	Staffordshire Moorlands	M40	0:00:00	2:23:26	2:23:26	83%
832	1562	55	28	Matty Brennan	Erewash Valley RC	SM	0:00:00	2:24:46	2:24:46	82%
790	805	56	2	John Lewis	Newport & Dist	M50	0:00:00	2:25:07	2:25:07	82%
714	1509	57	14	Stuart Tromans	Dudley Kingswinford	M40	0:00:00	2:25:10	2:25:10	82%
814	1551	58	29	Dave McCarthy	U/A	SM	0:00:00	2:25:16	2:25:16	82%
730	891	59	30	Charlie Bailey	Shrewsbury AC	SM	0:00:00	2:25:44	2:25:44	81%
813	774	60	5	Mel Price	Mercia	SL	0:00:00	2:25:46	2:25:46	81%
731	1516	61	31	Grant Lloyd	Shrewsbury AC	SM	0:00:00	2:26:10	2:26:10	81%

870	240	62	9	Paul Cadman	Mercia	M45	0:00:00	2:26:45	2:26:45	81%
781	1274	63	10	Duncan Davies	Wolv/Bilston	M45	0:00:00	2:27:01	2:27:01	81%
874	1574	64	15	Andrew Anastasi	Glossopdale	M40	0:00:00	2:27:06	2:27:06	81%
869	1571	65	6	Jasmin Paris	Glossopdale	SL	0:00:00	2:27:09	2:27:09	81%
880	1483	66	2	Ian Ankers	Staffordshire Moorlands	M55	0:00:00	2:27:10	2:27:10	81%
749	1237	67	3	Steve Bajic	Telford Harriers	M50	0:00:00	2:27:27	2:27:27	80%
778	1536	68	11	Dale Colclough	Fell Ponies	M45	0:00:00	2:27:43	2:27:43	80%
803	1544	69	32	Nigel Rowlands	Clwydian Range Runners	SM	0:00:00	2:28:07	2:28:07	80%
729	1341	70	16	Nigel Glaze	Telford AC	M40	0:00:00	2:28:13	2:28:13	80%
873	1017	71	17	Darren Mitchelmore	Pontesbury Tri	M40	0:00:00	2:28:18	2:28:18	80%
721	1124	72	7	Phoebe Webster	Aberystwyth AC	SL	0:00:00	2:28:24	2:28:24	80%
794	889	73	1	Yiannis Tridimas	Bowland F.R.	M60	0:00:00	2:29:09	2:29:09	79%
787	867	74	1	Val Swingler	Shropshire Shufflers	L40	0:00:00	2:30:57	2:30:57	79%
795	38	75	3	Bob Dredge	Mercia	M55	0:00:00	2:31:09	2:31:09	78%
764	699	76	33	Mark Smith	Tattenhall Runners	SM	0:00:00	2:31:19	2:31:19	78%
801	1492	77	34	Kevin Allerton	Stone MM	SM	0:00:00	2:31:29	2:31:29	78%
723	1513	78	35	James Hallett	U/A	SM	0:00:00	2:32:14	2:32:14	78%
713	397	79	4	Philip Johnson	Dudley Kingswinford	M50	0:00:00	2:32:28	2:32:28	78%
838	1567	80	5	Russell Mapp	Mercia	M50	0:00:00	2:32:36	2:32:36	78%
829	533	81	6	Geoff Pettengell	Macclesfield Harr	M50	0:00:00	2:32:52	2:32:52	78%
845	331	82	12	Tim Jones	Shropshire Shufflers	M45	0:00:00	2:33:27	2:33:27	77%
836	1565	83	8	Rachael Lawrence	Macclesfield	SL	0:00:00	2:33:36	2:33:36	77%
758	800	84	18	William Harris	Shropshire Shufflers	M40	0:00:00	2:34:02	2:34:02	77%
855	664	85	19	Martin Callaghan	Ludlow	M40	0:00:00	2:34:11	2:34:11	77%
738	15	86	7	Andrew Hearle	Mercia	M50	0:00:00	2:34:20	2:34:20	77%
885	112	87	1	Gill Evans	Shepshed	L45	0:00:00	2:34:55	2:34:55	77%
839	704	88	13	Phil Bellamy	Saltwell Harr	M45	0:00:00	2:35:08	2:35:08	76%
760	1529	89	20	David Bevan	Saddleworth	M40	0:00:00	2:35:16	2:35:16	76%
724	269	90	8	Rick Robson	Mercia	M50	0:00:00	2:35:34	2:35:34	76%
757	490	91	21	Andrew Mason	Springfield Striders	M40	0:00:00	2:35:48	2:35:48	76%
793	945	92	22	John Taylor	Newport & District	M40	0:00:00	2:36:14	2:36:14	76%
711	1275	93	23	Clive King	ERYRI	M40	0:00:00	2:36:52	2:36:52	76%
875	1575	94	36	Robert Edwards	Glossopdale	SM	0:00:00	2:36:52	2:36:52	76%
823	1310	95	37	Adnan Sharaf	U/A	SM	0:00:00	2:36:57	2:36:57	76%

831	1561	96	9	Steve Wickham	Erewash Valley RC	M50	0:00:00	2:37:26	2:37:26	75%
882	1577	97	4	Brian Hardcastle	MDC	M55	0:00:00	2:37:54	2:37:54	75%
826	836	98	14	Chris Myles	Shropshire Shufflers	M45	0:00:00	2:38:30	2:38:30	75%
755	996	99	38	Craig Walker	Calder Valley	SM	0:00:00	2:38:39	2:38:39	75%
750	1525	100	10	Glenn Macdonald-Jones	Newport & Dist	M50	0:00:00	2:40:30	2:40:30	74%
720	1337	101	2	Sandra Rowlands	Clwydian Range Runners	L40	0:00:00	2:41:48	2:41:48	73%
719	1338	102	11	Kean Rowlands	Clwydian Range Runners	M50	0:00:00	2:41:49	2:41:49	73%
827	940	103	5	Phil Pittson	Erewash Valley RC	M55	0:00:00	2:42:05	2:42:05	73%
861	110	104	12	Geoff Cowell	Mercia	M50	0:00:00	2:42:08	2:42:08	73%
796	68	105	2	Colin Williamson	Shropshire Shufflers	M60	0:00:00	2:42:31	2:42:31	73%
843	837	106	15	Stephen Thompson	U/A	M45	0:00:00	2:43:05	2:43:05	73%
884	751	107	6	Dave Nichols	Mercia	M55	0:00:00	2:43:43	2:43:43	72%
881	84	108	13	David Edge	Staffs Moorland	M50	0:00:00	2:43:59	2:43:59	72%
841	1350	109	7	John Currie	Mercia	M55	0:00:00	2:44:17	2:44:17	72%
709	47	110	3	Celia Mills	Calder Valley	L40	0:00:00	2:44:45	2:44:45	72%
849	538	111	24	Phil Walters	Dark Peak FR	M40	0:00:00	2:44:55	2:44:55	72%
818	1553	112	25	Steve Roode	Malvern Joggers	M40	0:00:00	2:45:53	2:45:53	71%
727	201	113	14	Mark Newell	Cambridge Harr	M50	0:00:00	2:46:04	2:46:04	71%
840	972	114	3	Gary Gunner	Croft Ambry	M60	0:00:00	2:46:40	2:46:40	71%
791	843	115	26	Andrew Kay	Newport & Dist	M40	0:00:00	2:46:59	2:46:59	71%
707	1507	116	16	Paul Stukas	Springfield Striders	M45	0:00:00	2:47:18	2:47:18	71%
851	658	117	27	Craig Lewis	Amazing Feet	M40	0:00:00	2:47:29	2:47:29	71%
775	909	118	39	Marc Recoquille	U/A	SM	0:00:00	2:47:29	2:47:29	71%
830	1560	119	40	Brett Belshaw	Erewash Valley RC	SM	0:00:00	2:47:36	2:47:36	71%
718	1512	120	8	George Scott	Pennine Fell Runners	M55	0:00:00	2:47:56	2:47:56	71%
769	17	121	15	Andy Barton	Shropshire Shufflers	M50	0:00:00	2:48:36	2:48:36	70%
734	548	122	4	Lisa Garside	Newport	L40	0:00:00	2:48:49	2:48:49	70%
716	1510	123	17	Peter Hooper	Fell Ponies	M45	0:00:00	2:49:10	2:49:10	70%
812	1550	124	9	Louise Staples	Black Pear Joggers	SL	0:00:00	2:49:13	2:49:13	70%
805	225	125	9	Mike Sell	Black Pear Joggers	M55	0:00:00	2:49:27	2:49:27	70%
852	1435	126	10	Rachel White	Peel RR	SL	0:00:00	2:49:45	2:49:45	70%
736	1520	127	10	Andrew Blackford	West End Runners	M55	0:00:00	2:50:19	2:50:19	70%
864	968	128	28	John Legge	Springfield Striders	M40	0:00:00	2:50:26	2:50:26	70%

865	969	129	41	Andrew Stroud	Springfield Striders	SM	0:00:00	2:50:54	2:50:54	69%
789	141	130	4	Ian Marshall	Cambridge Harr	M60	0:00:00	2:51:04	2:51:04	69%
820	1555	131	29	Jason Kaushal	Holmfirth	M40	0:00:00	2:51:54	2:51:54	69%
828	1559	132	16	Andy Creber	Chepstow Harriers	M50	0:00:00	2:52:13	2:52:13	69%
705	1504	133	42	Robert Mountford	Mercia	SM	0:00:00	2:52:18	2:52:18	69%
816	1284	134	18	Peter Hudson	Mercia	M45	0:00:00	2:52:37	2:52:37	69%
808	1546	135	5	Min Sowden	Worcester Joggers	L40	0:00:00	2:52:42	2:52:42	69%
773	1534	136	43	Edward Andrews	U/A	SM	0:00:00	2:52:55	2:52:55	69%
739	1521	137	19	Dave Farrow	Shropshire Shufflers	M45	0:00:00	2:53:23	2:53:23	68%
745	1027	138	17	Bernie Holbrook	Newport & Dist	M50	0:00:00	2:53:34	2:53:34	68%
706	1506	139	30	Gary Juslin	Springfield Striders	M40	0:00:00	2:55:21	2:55:21	68%
868	1572	140	44	Owen Mills	U/A	SM	0:00:00	2:55:22	2:55:22	68%
770	519	141	18	Neil Bradley	Springfield Striders	M50	0:00:00	2:55:29	2:55:29	68%
759	82	142	19	Tim Brockington	Springfield Striders	M50	0:00:00	2:55:31	2:55:31	68%
809	1547	143	6	Ann Kerby-Collins	Ludlow	L40	0:00:00	2:55:38	2:55:38	68%
853	1569	144	31	David Winterton	U/A	M40	0:00:00	2:55:45	2:55:45	67%
876	1250	145	11	David Gould	Trail Running Assoc	M55	0:00:00	2:56:21	2:56:21	67%
846	56	146	20	Chris Good	Ludlow	M50	0:00:00	2:56:50	2:56:50	67%
777	817	147	12	Pete Singer	Mercia	M55	0:00:00	2:57:21	2:57:21	67%
810	1548	148	21	Neil Collins	Ludlow	M50	0:00:00	2:57:58	2:57:58	67%
710	1234	149	45	Alex Pryde	Mercia	SM	0:00:00	2:58:34	2:58:34	66%
783	1539	150	46	Daniel Brazier	Wolv/Bilston	SM	0:00:00	2:59:38	2:59:38	66%
834	1563	151	5	Brian Jackson	Macclesfield Harr	M60	0:00:00	3:01:08	3:01:08	65%
748	131	152	1	Helen MacDonald-Jones	Newport & Dist	L55	0:00:00	3:01:37	3:01:37	65%
860	1570	153	7	Leena Cowell	Mercia	L40	0:00:00	3:01:52	3:01:52	65%
768	1532	154	1	Sue Wittingham	Shropshire Shufflers	L50	0:00:00	3:02:31	3:02:31	65%
859	171	155	6	John Yandell	Mercia	M60	0:00:00	3:02:32	3:02:32	65%
784	1540	156	1	Francis Uhlman	WFRA	M65	0:00:00	3:03:19	3:03:19	65%
782	1163	157	20	Peter Trow	Amazing Feet	M45	0:00:00	3:03:52	3:03:52	64%
717	1511	158	11	Stephanie French	Southampton RC	SL	0:00:00	3:03:59	3:03:59	64%
786	1256	159	47	John Nightingale	U/A	SM	0:00:00	3:05:19	3:05:19	64%
776	601	160	22	Richard Paddock	Shropshire Shufflers	M50	0:00:00	3:06:24	3:06:24	64%
779	1537	161	2	Denise Broom	Cheadle RC	L45	0:00:00	3:06:36	3:06:36	64%
877	1316	162	8	Sandra Eaton	Telford Harriers	L40	0:00:00	3:07:16	3:07:16	63%
765	1156	163	48	Matt Reid	Almost Athletes	SM	0:00:00	3:07:16	3:07:16	63%

767	1531	164	32	Michael Wood	Almost Athletes	M40	0:00:00	3:07:34	3:07:34	63%
844	827	165	33	Richard Haynes	Amazing Feet	M40	0:00:00	3:13:23	3:13:23	61%
848	335	166	7	Tom Davies	Croft Ambry	M60	0:00:00	3:13:54	3:13:54	61%
756	1528	167	49	Toby Forrester	Cocksmore	SM	0:00:00	3:15:39	3:15:39	61%
800	1543	168	3	Cathie Eberlin	U/A	L45	0:00:00	3:15:39	3:15:39	61%
780	1538	169	50	Gavin Fudge	U/A	SM	0:00:00	3:16:19	3:16:19	60%
837	1566	170	8	Graham Lawrence	Solihull & SH AC	M60	0:00:00	3:16:45	3:16:45	60%
799	116	171	13	Gordon Trevor	Shrewsbury AC	M55	0:00:00	3:18:08	3:18:08	60%
804	559	172	21	Richard Kemp	Black Pear Joggers	M45	0:00:00	3:19:23	3:19:23	59%
824	1557	173	34	Nigel Braun	Stone MM	M40	0:00:00	3:22:31	3:22:31	59%
704	509	174	2	Janet Hill	Springfield Striders	L50	0:52:00	2:34:04	3:26:04	58%
754	1527	175	14	David Chisman	Droitwich	M55	0:00:00	3:31:35	3:31:35	56%
708	1508	176	51	Andrew Perry	U/A	SM	1:03:00	2:34:53	3:37:53	54%
741	179	177	1	Kathleen Preston	Shropshire Shufflers	L60	1:03:00	2:47:35	3:50:35	51%
715	125	178	9	Grahame James	Mercia	M60	1:03:00	3:04:33	4:07:33	48%
747	474	179	15	John Hall	U/A	M55	0:59:00	3:18:40	4:17:40	46%
740	1522	180	23	Colin Bostock	Long Eaton RC	M50	0:00:00		DNF	
878	1127	181	35	Mark Brooks	Dartmoor Runners	M40	0:00:00		DNF	
701	1500	182	9	Nikki Bennett	Mid Essex Casuals	L40	1:03:00		DNF	
819	1554	183	10	Susan Kerby	Ludlow Runners	L40	0:00:00		DNF	
817	1552	184	22	Neil Sparey	Malvern Harriers	M45	0:00:00		DNF	
702	1502	185	23	John Bolton	Mid Essex Casuals	M45	1:03:00		DNF	
