

High tide meant a road start for this years race which was blessed with fine weather again. Peter Haworth led from start to finish, with last years winner, Paul Jenkinson passing Meirion Evans on the rocky/wet section of the descent to take second. Fine runs from juniors Lisa Peters and Morgan Evans (Menai clubmates) with Lisa managing to stay ahead of Morgan by a few seconds. The youngest competitor, Bronwen Jenkinson, finished in eleventh place. With two different starts to this race (the beach start involves a stiff climb from the sand) there are obviously two sets of record times.

1. Peter Haworth	Bangor Uni.	11.17
2. Paul Jenkinson	Eryri V40	11.47
3. Meirion Evans		11.52
4. Geraint Williams	Cybi V40	13.15
5. Philip Pilbeam	Cybi	13.29
6. Lisa Peters	Menai Jnr	13.33
7. Morgan Evans	Menai Jnr	13.37
8. Ieuan Evans	V40	13.41
9. Jack King	V60	13.53
10. Daniel Williams		14.18
11. Bronwen Jenkinson	Eryri Jnr	14.22
12. Philip Jones	Jnr	15.27
13. Mark Hughes		17.09
14. Sue Jones	Cybi V40	17.16
15. Alun Jones	Cybi V50	19.51