

2009 WREXHAM HALF MARATHON

POS	CAT POS	CHAMPS POS	NUMBER	TIME	NAME	CLUB	AGE GROUP	CHAMPIONSHIPS
1	1	-	443	68.36	Ben Fish	Blackburn Harriers	SM	-
2	2	1	7	68.44	Rob Samuel	Eryri Harriers	SM	Y
3	3	-	493	70.40	David Norman	Altrincham RC	SM	-
4	4	-	599	70.48	Rob Keal	Notts AC	SM	-
5	1	-	596	71.35	Mike Cadman	Bournville RC	M50	-
6	1	-	595	71.37	Andrew McNeill	Long Eaton RC	M40	-
7	1	-	598	71.38	Ben Bennett	Redhill Road Runners	M35	-
8	2	2	4	71.41	Darren Rowlands	Wrexham AAC	M40	Y
9	2	-	481	72.40	Steve Hallas	Preston Harriers	M35	-
10	5	3	503	72.57	Lorcan Cronin	Bangor University	SM	Y
11	1	-	35	73.08	Mark Hall	Tipton Harriers	M45	-
12	6	-	263	73.18	Paul Manford	Tipton Harriers	SM	-
13	7	4	524	73.30	Brendan Rothery	Eryri Harriers	SM	Y
14	3	-	193	74.04	Darren Washington	City of Stoke	M40	-
15	3	-	302	74.40	Gareth Briggs	Staffordshire Moorlands	M35	-
16	4	-	292	75.06	Tom Annable	U/A	M40	-
17	2	5	11	75.18	Mike Robbins	Wrexham AAC	M45	Y
18	3	-	333	75.31	Mike Hatton	South Cheshire Harriers	M45	-
19	1	6	429	75.48	Paul Wathan	Eryri	JM	Y
20	4	7	488	76.03	Darren Blazier	Abergele Harriers	M35	Y
21	5	8	278	76.19	Dewi Roberts	Abergele Harriers	M40	Y
22	8	-	588	76.25	Guy Roberts	Mossley Hill AC	SM	-
23	5	9	557	76.28	Darren Jones	Wrexham AAC	M35	Y
24	6	-	67	76.33	Mark Flint	Newcastle Staffs. AC	M40	-
25	9	-	213	76.41	Jamie Anderson	Telford Harriers	SM	-
26	4	10	416	76.42	Ian James	Wrexham AAC	M45	Y
27	7	11	535	76.54	Gary Norgrove	Wrexham Tri	M40	Y
28	6	-	590	77.02	Richard O'Sullivan	Tipton Harriers	M35	-
29	7	12	53	77.35	Jez Brown	Buckley Runners	M35	Y
30	8	-	141	77.36	Richard Shandlow	Bromsgrove & Redditch AC	M35	-
31	10	-	448	77.43	Liam Fidler	North Derbyshire RC	SM	-
32	11	13	107	77.49	Neil Parry	Clwydian Range Runners	SM	Y

33	12	-	166	77.50	Marc Gadsen	Telford Harriers	SM	-
34	9	14	413	78.15	Jonathan Bradshaw	Buckley Runners	M35	Y
35	13	15	500	78.26	Dean Longley	Prestatyn RC	SM	Y
36	10	-	586	78.30	Brian Yates	U/A	M35	-
37	11	-	552	78.48	Ian Palin	Liverpool Running Club	M35	-
38	8	-	397	78.50	Neil Jones	South Cheshire Harriers	M40	-
39	12	-	414	78.59	Paul Jones	Oswestry Olympians	M35	-
40	14	-	407	79.03	Martin Swensson	Penny Lane Striders	SM	-
41	9	16	277	79.09	Gareth Roberts	Abergele Harriers	M40	Y
42	5	-	283	79.23	Steve Watmough	Spectrum Striders	M45	-
43	10	-	440	79.26	Nigel Bostock	U/A	M40	-
44	2	-	227	79.30	Colin Martin	Spectrum Striders	M50	-
45	13	17	138	79.47	Nick Thomas	Tri UK	M35	Y
46	6	-	128	79.58	Ian Lancaster	Tattenhall Runners	M45	-
47	11	-	226	80.11	Steve Large	Horsforth Harriers	M40	-
48	3	18	565	80.24	Gordon Jones	Prestatyn RC	M50	Y
49	12	-	508	80.29	Kevin Edwards	Wigan Phoenix	M40	-
50	1	-	314	80.32	Gemma Unsworth	Blackpool Wyre & Fylde AC	SW	-
51	2	-	50	81.25	Claire Andrew	Spectrum Striders	SW	-
52	14	-	348	81.30	Michael Harrington	Vale Royal AC	M35	-
53	7	-	585	81.35	Mick Haire	Boalloy AC	M45	-
54	15	-	236	81.38	Richard Hunter	Shropshire Shufflers	SM	-
55	16	-	453	81.47	Pat Hudson	South Cheshire Harriers	SM	-
56	15	-	299	81.53	Owen Burns	Mossley Hill AC	M35	-
57	8	-	569	81.55	Dave Gough	Vale Royal	M45	-
58	17	19	289	82.0'3	Duncan Quincey	Deeside AAC	SM	Y
59	4	-	68	82.05	John Bertenshaw	Wesham Road Runners	M50	-
60	9	20	175	82.07	David Pryce	Eryri Harriers	M45	Y
61	10	-	135	82.14	David Collins	Wigan Phoenix	M45	-
62	1	-	212	82.20	Helen Taranowski	Coventry Godiva Harriers	W35	-
63	16	-	367	82.25	Mark N Jones	Warrington Tri Club	M35	-
64	17	-	102	82.27	Stuart Andrew	Spectrum Striders	M35	-
65	3	-	551	82.30	Natalie Palin	Liverpool Running Club	SW	-
66	18	-	597	82.30	Matt Simms	U/A	SM	-
67	13	-	286	82.31	Peter Clayton	Vale Royal AC	M40	-
68	18	-	425	82.45	Paul Seddon	Wigan Phoenix	M35	-

69	11	-	70	82.48	Carl Bibby	Warrington Tri Club	M45	-
70	14	-	130	82.59	Rupert Holden	U/A	M40	-
71	19	-	216	83.16	Mike Houghton	U/A	M35	-
72	12	-	509	83.33	Steve Coleman	Astley & Tyldsley RR	M45	-
73	13	-	390	83.58	Russell Williams	Cheadle RC	M45	-
74	5	21	495	84.00	Arwel Lewis	Eryri Harriers	M50	Y
75	19	-	329	84.04	Peter Brook	Chester Tri	SM	-
76	20	-	507	84.07	Neil Bevan	Oswestry Olympians	M35	-
77	6	-	23	84.11	Steve Bennett	North Derbys RC	M50	-
78	21	-	541	84.25	Dave Barr	Liverpool Harriers	M35	-
79	4	-	512	84.30	Suzanne Roddis	North Derbyshire	SW	-
80	15	22	496	84.42	Chris Yorke	North Wales Road Runners	M40	Y
81	22	-	477	84.46	James Simpson	South Cheshire Harriers	M35	-
82	7	-	464	84.55	Ivor Twiss	South Cheshire Harriers	M50	-
83	23	-	30	85.15	Paul Ashley	Ellesmere Port	M35	-
84	1	-	66	85.23	Julia Myatt	Newcastle Staffs. AC	W45	-
85	20	23	36	85.26	Lee Evans	Eryri Harriers	SM	Y
86	2	-	136	85.32	Jayne Taylor	Wigan Phoenix	W45	-
87	16	24	579	85.42	Dylan Owen	Eryri Harriers	M40	Y
88	1	-	215	85.45	Paul Kay	Spectrum Striders	M55	-
89	21	25	9	86.02	Adrian Bryan	Wrexham AAC	SM	Y
90	17	-	80	86.04	Paul Davies	Oswestry Olympians	M40	-
91	18	-	257	86.05	William Harris	Shropshire Shufflers	M40	-
92	19	26	351	86.15	Paul Evans	Wrexham tri	M40	Y
93	24	-	575	86.15	Craig Little	Astley & Tyldesley RR	M35	-
94	20	-	91	86.26	Nick Dunning	South Cheshire Harriers	M40	-
95	22	-	343	86.29	Ben Birks	Chester Tri	SM	-
96	25	27	419	86.31	Chris Evans	Wrexham AAC	M35	Y
97	21	28	14	86.31	Tim Bent	Wrexham AAC	M40	Y
98	22	-	71	86.38	Guy Aartse-Tuyn	North Staffs RRA	M40	-
99	23	29	270	86.51	Martin Green	North Wales Road Runners	SM	Y
100	14	-	337	86.55	Chris Hulse	Chester Tri	M45	-
101	23	-	454	87.08	Garry Owens	U/A	M40	-
102	8	-	428	87.12	Dennis Wharton	St Helens Sutton AC	M50	-
103	15	-	83	87.17	Mark Flanagan	Sunlight Runners	M45	-
104	9	-	106	87.34	Stephen Roberts	Oswestry Olympians	M50	-

105	26	-	178	87.38	Jonathan Britton	Warrington Tri Club	M35	-
106	1	-	466	87.48	Monique Hollinshead	Dewsbury Road Runners	W40	-
107	27	-	274	87.53	Robert Hough	Spectrum Striders	M35	-
108	24	-	578	88.04	Alan Bevan	West Cheshire	M40	-
109	28	-	180	88.06	Gary Carney	St. Helens Striders	M35	-
110	29	-	186	88.07	Robert Sharam	Whitchurch Whippets	M35	-
111	2	-	134	88.12	Andrew T Davies	Telford Harriers	M55	-
112	25	-	510	88.30	Adrian Loughrey	Penny Lane Striders	M40	-
113	26	-	188	88.31	Peter Clarkson	U/A	M40	-
114	30	-	498	88.41	Robin Smith	U/A	M35	-
115	27	-	58	88.43	Danny Fegan	St Helens Striders	M40	-
116	24	-	21	88.50	Rob Olliver	Vale Royal AC	SM	-
117	3	-	98	88.52	Bob Benson	West Cheshire	M55	-
118	5	30	307	88.55	Jenny Brierley	Bangor University	SW	Y
119	28	-	304	89.02	Stephen Dawson	South Cheshire Harriers	M40	-
120	29	-	176	89.09	Patrick Phelan	U/A	M40	-
121	1	-	261	89.12	Marian Martin	Spectrum Striders	W50	-
122	25	-	211	89.18	Allen El-Sour	Coventry Godiva Harriers	SM	-
123	26	31	8	89.24	Tom Gloster	Bangor University	SM	Y
124	4	-	572	89.26	Philip Dawson	U/A	M55	-
125	6	-	169	89.27	Penny Thorn	Serpentine	SW	-
126	31	-	132	89.28	Gavin Ritson	U/A	M35	-
127	32	-	33	89.44	Neil Pownall	Chester Tri	M35	-
128	16	-	18	89.47	Andrew Norgrove	U/A	M45	-
129	17	-	394	89.57	Nicholas Shah	IVID	M45	-
130	33	-	262	90.05	Anthony Hadfield	South Cheshire Harriers	M35	-
131	34	-	457	90.09	David Rogers	U/A	M35	-
132	2	-	220	90.11	Anne Sweeney	Preston Harriers	W50	-
133	10	-	511	90.14	Jonathan Morgan	Whitchurch Whippets	M50	-
134	30	32	476	90.30	Konrad Roberts	North Wales Road Runners	M40	Y
135	35	-	235	90.38	Charlie Rowlands	South Cheshire Harriers	M35	-
136	18	-	268	90.44	Peter Gleaves	Wesham Road Runners	M45	-
137	2	-	320	91.01	Briony Taby	Mossley Hill AC	W40	-
138	5	-	45	91.11	Robin Britton	Staffordshire Moorlands	M55	-
139	2	-	316	91.15	Andrew Sudlow	Tattenhall Runners	JM	-
140	7	-	513	91.20	Joanne Iborra	Astley & Tyldsley RR	SW	-

141	31	-	563	91.24	Jamie Bird	Wolverhampton & Bilston	M40	-
142	32	-	163	91.31	M Love	U/A	M40	-
143	19	-	187	91.38	Ian Edwards	U/A	M45	-
144	33	-	168	91.39	John Hodgson	U/A	M40	-
145	34	-	467	91.39	Rob Holmes	U/A	M40	-
146	8	-	221	91.43	Amanda Davies	Tattenhall Runners	SW	-
147	11	-	427	91.51	David McGrath	South Cheshire Harriers	M50	-
148	3	-	232	91.55	Jenni Van Deelen	Canterbury Harriers	W40	-
149	27	-	146	91.56	Gavin Paul Roche	U/A	SM	-
150	28	-	395	92.06	Mike Dowsett	U/A	SM	-
151	36	-	378	92.16	Rob Rowlands	South Cheshire Harriers	M35	-
152	4	-	341	92.21	Suzanne McDonald	U/A	W40	-
153	6	33	392	92.43	Jon Owen Griffith	Cybi Striders	M55	Y
154	37	-	126	92.50	Gareth Blizzard	Chester Tri	M35	-
155	12	34	355	92.51	Ian M Rothery	Cybi Striders	M50	Y
156	20	35	108	92.53	Robert Oliver	Deeside AAC	M45	Y
157	38	-	34	92.56	Richard Aczel	Chester Tri	M35	-
158	1	-	474	92.58	Tommy Burke	Penny Lane Striders	M60	-
159	29	-	489	93.09	Shane Williams	U/A	SM	-
160	30	-	393	93.10	Daniel Jones	U/A	SM	-
161	31	-	192	93.18	Mark Maloney	Michelin AC	SM	-
162	21	-	269	93.21	Hugh Rieley	Sunlight Runners	M45	-
163	22	36	548	93.28	Derrick Batty	Wrexham Tri	M45	Y
164	32	37	63	93.34	Neil Hughes	Wrexham Tri	SM	Y
165	23	-	405	93.37	Steve Tate	St. Helen's - Sutton	M45	-
166	39	-	150	93.37	Richard Seamans	U/A	M35	-
167	7	-	434	93.45	Melvyn Cole	South Cheshire Harriers	M55	-
168	33	-	463	93.46	Owen Graham	U/A	SM	-
169	40	-	167	93.46	Andrew Mencken	U/A	M35	-
170	34	38	387	94.50	Matthew Gilbert	Wrexham Tri	SM	Y
171	13	-	404	94.00	Brian A Griffiths	Ellesmere Port	M50	-
172	35	39	570	94.04	Oliver Jones	Wrexham Tri	SM	Y
173	35	40	485	94.06	Graham Davies	Colwyn Bay AC	M40	Y
174	36	-	183	94.16	Steve Grant	U/A	M40	-
175	37	41	323	94.21	Richard Emlyn Roberts	Rhedwyr Eryri Harriers	M40	Y
176	8	42	435	94.29	Vernon Pownall	Abergele Harriers	M55	Y
177	24	43	363	94.37	Graham Jones	North Wales Road Runners	M45	Y

178	38	-	49	94.38	Darrin Bromsgrove	U/A	M40	-
179	39	-	525	94.41	Jason Bulley	Sandbach Striders	M40	-
180	14	-	449	94.53	Duncan Rose	Shrewsbury AC	M50	-
181	36	44	101	95.06	Austin Bowers	North Wales Road Runners	SM	Y
182	40	45	252	95.24	Paul O'Sullivan	Carneddau Triathlon	M40	Y
183	25	-	492	95.30	Christopher Reid	St Helens Striders	M45	-
184	41	46	69	95.31	Geraint Jones	Eryri Harriers	M40	Y
185	42	-	521	95.37	Rob Cummings	South Cheshire Harriers	M40	-
186	9	-	125	95.39	Louise Cooper	Belgrave Harriers	SW	-
187	15	-	300	95.40	David Oldfield	Tattenhall Runners	M50	-
188	10	-	28	95.49	Rhiannon Llewellyn	West Cheshire	SW	-
189	43	-	516	95.55	Tim Lanceley	U/A	M40	-
190	5	-	239	95.58	Sally Howarth	Trafford Athletics	W40	-
191	26	-	90	96.06	Alastair Moralee	U/A	M45	-
192	27	-	349	96.11	John Skinley	St Helens Sutton AC	M45	-
193	3	-	145	96.18	Mary Tavener	Vale Royal AC	W45	-
194	28	-	164	96.19	Andrew Gifford	U/A	M45	-
195	29	-	54	96.20	Martin McCormick	U/A	M45	-
196	41	47	53	96.32	Jez Brown	Buckley Runners	M35	Y
197	30	-	204	96.40	Andrew Stansfield	Penny Lane Striders	M45	-
198	37	-	401	96.46	Kevin Todd	U/A	SM	-
199	31	-	61	96.48	Keith Mahon	Village Road Runners	M45	-
200	11	-	587	96.53	Anne Jeyney	Mossley Hill AC	SW	-
201	12	-	491	97.03	Clare Murphy	Liverpool Harriers	SW	-
202	44	-	160	97.11	Eric Barford	U/A	M40	-
203	16	-	117	97.15	Chris Loney	Chester Tri	M50	-
204	9	-	384	97.15	Jon Paramor	Manchester YMCA Harriers	M55	-
205	17	-	27	97.18	Dave Thompson	Spectrum Striders	M50	-
206	4	-	246	97.19	Jo Molyneaux	Vale Royal AC	W45	-
207	13	-	81	97.21	Lauren Morley	Oswestry Olympians	SW	-
208	38	-	542	97.34	Philip Dunn	Accrington Road Runners	SM	-
209	39	-	459	97.40	Neil Gray	U/A	SM	-
210	40	-	313	97.43	Dean Richards	Whitchurch Whippets	SM	-
211	41	-	172	97.53	Philip Birkett	U/A	SM	-
212	42	-	504	97.56	Barry Gardner	U/A	SM	-
213	18	48	12	97.58	Frankie Vaughan	Merionydd	M50	Y

214	42	-	173	98.06	Andrew Birch	U/A	M35	-
215	32	-	147	98.07	Robert Webster	Tattenhall Runners	M45	-
216	45	-	415	98.11	Mark Fidler	Ellesmere Port	M40	-
217	43	-	396	98.14	Ian Norton	Warrington Tri Club	M35	-
218	2	-	104	98.17	Ruth Travis	Manchester Front Runners	W35	-
219	43	-	347	98.21	Andrew Jones	U/A	SM	-
220	0	-	-	98.26	-	-	-	-
221	46	-	57	98.28	Mark Benton	U/A	M40	-
222	33	-	224	98.30	John Snell	U/A	M45	-
223	44	-	185	98.35	Stuart Parry	U/A	SM	-
224	45	-	174	98.43	Jamie Birkett	U/A	SM	-
225	44	-	555	98.43	Karl Morris	Black Country Tri	M35	-
226	46	-	331	98.46	Tim Griffith	U/A	SM	-
227	14	-	308	98.49	Sophia Rees	Chester Tri	SW	-
228	3	-	383	98.55	Jo Meadowcroft	Whitchurch Whippets	W35	-
229	2	49	547	98.56	Stephen Hatfield	Prestatyn RC	M60	Y
230	15	-	479	99.01	Sigrid Edmundson	U/A	SW	-
231	19	-	161	99.10	Tony Kennedy	West Cheshire	M50	-
232	3	-	253	99.12	Liz Turton	Stockport Harriers	W50	-
233	1	50	430	99.14	Gemma Morgans	Eryri	JW	Y
234	3	-	577	99.15	John P Dooley	Spectrum Striders	M60	-
235	47	-	499	99.21	Andy Pennington	Spectrum Striders	M40	-
236	45	-	325	99.23	Simon Smith	U/A	M35	-
237	47	-	95	99.25	Brett Hoare	U/A	SM	-
238	46	-	100	99.26	Richard Thorpe	North Derbys RC	M35	-
239	16	-	127	99.28	Christina McKay	U/A	SW	-
240	17	51	3	99.28	Kim Norman	Wrexham Tri	SW	Y
241	48	-	110	99.29	Gavin Ellis	U/A	SM	-
242	20	-	281	99.34	Martin Durrant	Tattenhall Runners	M50	-
243	34	-	46	99.36	Alasdair Dyde	South Cheshire Harriers	M45	-
244	35	-	20	99.44	Andy Clarke	U/A	M45	-
245	49	-	537	99.46	Chris Hall	U/A	SM	-
246	50	-	536	99.46	Dave Roberts	U/A	SM	-
247	21	-	113	99.48	John Townsend	U/A	M50	-
248	22	52	439	99.53	D A Edwards	Abergele Harriers	M50	Y
249	48	-	182	99.57	Nigel Trickett	Shropshire Shufflers	M40	-
250	1	-	410	100.07	Christine Matthews	Ilkley Harriers	W55	-
251	5	53	344	100.09	Kay Hatton	North Wales Road Runners	W45	Y
252	51	-	398	100.14	Gareth Jones	U/A	SM	-

253	23	-	219	100.15	Peter Timson	Chester Tri	M50	-
254	52	-	218	100.20	Bob McGlue	U/A	SM	-
255	18	-	365	100.21	Jessica Harvey	Telford Harriers	SW	-
256	53	-	256	100.22	Simon Smith	U/A	SM	-
257	6	-	520	100.23	Donna Macloskey	U/A	W45	-
258	10	-	553	100.27	Andrew Metcalfe	U/A	M55	-
259	54	54	85	100.28	Ollie Smith	Wrexham Tri	SM	Y
260	47	55	290	100.38	Arwyn Williams	Eryri Harriers	M35	Y
261	49	-	191	100.39	Simon Waite	U/A	M40	-
262	55	-	2	100.41	Richard Bunn	Tamworth	SM	-
263	7	-	39	100.41	Angela Andrews	Horsforth Harriers	W45	-
264	4	-	26	100.43	Pauline Welsby	Spectrum Striders	W35	-
265	36	-	77	100.44	Peter Bulmer	U/A	M45	-
266	37	-	484	100.50	Mark Vance	U/A	M45	-
267	8	-	301	100.52	Jill Phillips	Trentham RC	W45	-
268	56	56	418	100.53	Jonathan Davies	Wrexham AAC	SM	Y
269	48	-	43	101.10	Amthony Evans	U/A	M35	-
270	24	-	380	101.11	David Broadbent	U/A	M50	-
271	49	-	10	101.15	Michael John Hewitt	Army	M35	-
272	38	-	352	101.19	Graham Park	U/A	M45	-
273	25	-	122	101.23	Michael Bradley	Spectrum Striders	M50	-
274	6	-	189	101.24	Helena Bramwell	Shropshire Shufflers	W40	-
275	19	-	391	101.28	Claire Wilson	Stockport Harriers	SW	-
276	1	-	276	101.30	Brian Beattie	West Cheshire	M65	-
277	26	57	55	101.40	Alan Davies	North Wales Road Runners	M50	Y
278	27	-	455	101.48	Lawrence Jones	St Helens Sutton AC	M50	-
279	50	-	571	101.52	Dave Toft	U/A	M40	-
280	39	-	267	101.53	David Rogers	Spectrum Striders	M45	-
281	9	-	6	101.54	Caroline Rogers	Spectrum Striders	W45	-
282	20	58	231	102.06	Katie Wilson	Deeside AAC	SW	Y
283	40	-	458	102.21	Dennis Evans	U/A	M45	-
284	51	-	275	102.23	Aled Williams	U/A	M40	-
285	41	-	523	102.27	Mark Pendlebury	Holmes Chapel	M45	-
286	10	-	423	102.35	Carol Wright	U/A	W45	-
287	50	59	361	102.38	Tim Burnett	Wrexham Tri	M35	Y
288	57	-	584	102.48	Andrew Mark Davies	St Helens Sutton AC	SM	-
289	58	-	76	102.50	Ben Johnson	U/A	SM	-
290	2	-	131	102.57	Pauline Davies	Vale Royal AC	W55	-
291	28	-	87	102.59	Gordon McLeod	Sunlight Runners	M50	-
292	51	-	241	102.59	Gary Ford	Sunlight Runners	M35	-
293	52	60	465	103.02	Lee Pownall	North Wales Road	M40	Y

						Runners		
294	11	-	580	103.04	Jackie Chen	Penny Lane Striders	W45	-
295	53	-	412	103.09	Paul Clutterbuck	Vale Royal AC	M40	-
296	11	-	327	103.22	Alec White	Oswestry Olympians	M55	-
297	4	-	582	103.24	Barbara Cole	Shropshire Shufflers	W50	-
298	54	-	376	103.27	Hugh Griffiths	U/A	M40	-
299	2	61	522	103.48	Alan Lucas	Abergele Harriers	M65	Y
300	3	-	531	103.52	Derek Walton	Altincham AC	M65	-
301	3	-	155	104.09	Ashley Martin	U/A	JM	-
302	59	-	22	104.11	Gavin Williams	U/A	SM	-
303	60	-	266	104.23	Jon Bloor	U/A	SM	-
304	5	62	436	104.35	Michelle Ward	Prestatyn Running Club	W35	Y
305	12	-	559	104.41	David Redpath	Spectrum Striders	M55	-
306	13	-	478	104.45	Terry Onions	Gloucester AC	M55	-
307	55	-	411	104.58	Peter Wooding	U/A	M40	-
308	61	-	103	105.09	Christopher Parker	U/A	SM	-
309	42	-	139	105.21	Niall A Keating	Spectrum Striders	M45	-
310	43	-	420	105.21	Christopher Moore	U/A	M45	-
311	21	-	201	105.23	Sarah Healey	U/A	SW	-
312	3	-	124	105.24	Grace Hough	Telford Harriers	W55	-
313	22	-	152	105.31	Rachael Fishwick	St. Helens Striders	SW	-
314	44	-	406	105.42	Andrew Williams	Shropshire Shufflers	M45	-
315	45	-	148	105.49	Terry Coppenthal	Sandbach Striders	M45	-
316	6	63	272	105.51	Lorna Royle	Deestridders	W35	Y
317	4	-	357	105.57	John Spencer	U/A	M60	-
318	4	-	574	106.05	Terry Coles	Spectrum Striders	M65	-
319	12	-	583	106.10	Louise Dempster	Spectrum Striders	W45	-
320	29	-	544	106.23	John Owen	Spectrum Striders	M50	-
321	46	-	444	106.24	Keith Cotton	Whitchurch Whippets	M45	-
322	47	-	60	106.26	Simon McAllister	Chester Tri	M45	-
323	48	-	332	106.27	Bob Parker	Oswestry Olympians	M45	-
324	30	-	115	106.38	Paul Roberts	Oswestry Olympians	M50	-
325	56	-	143	106.41	Michael Whithead	U/A	M40	-
326	52	-	594	106.50	Ian Lewis	Keighley AC	M35	-
327	23	-	1	106.54	Trishia Bunn	Tamworth	SW	-
328	7	-	137	107.00	Cathryn Whalley	U/A	W35	-

329	62	-	64	107.07	Aaron Bradshaw	U/A	SM	-
330	13	-	280	107.08	Carole Morrison	Sunlight Runners	W45	-
331	31	-	480	107.18	Charles Stanway	Penny Lane Striders	M50	-
332	32	-	82	107.21	John Lancaster	U/A	M50	-
333	24	-	469	107.25	Helen Murray	Black Pear Joggers Worc.	SW	-
334	49	-	13	107.27	Howard Coitham	Wigan Phoenix	M45	-
335	1	-	251	107.39	Sandra Poole	Holme Pierrpoint RC	W65	-
336	7	-	432	107.44	Liz Price	Ilkley Harriers	W40	-
337	50	-	350	107.54	David Savage	U/A	M45	-
338	14	64	381	108.00	Sue Jones	Cybi Striders	W45	Y
339	63	-	24	108.07	Edward BJ Roper	Newport & District RC	SM	-
340	25	-	114	108.15	Sarah Dines	U/A	SW	-
341	64	-	442	108.20	Andrew Upton	U/A	SM	-
342	51	-	471	108.20	Chris Brumby	Sandbach Striders	M45	-
343	52	65	573	108.22	Jack Bradley	North Wales Road Runner	M45	Y
344	26	66	389	108.26	Zoe Hancock	Deeside AAC	SW	Y
345	8	-	245	108.29	Victoria Kelly	U/A	W35	-
346	27	-	402	108.31	Jane Entwistle	U/A	SW	-
347	9	-	42	108.33	Mary Eardley	Sropshire Shufflers	W35	-
348	57	-	528	108.33	Steve Wilson	U/A	M40	-
349	10	-	375	108.41	Elaine Eatwell	Chester Tri	W35	-
350	28	-	65	108.41	Rebecca Holland	Chester Tri	SW	-
351	53	-	197	108.59	Melvyn Austin	U/A	M45	-
352	29	-	199	109.00	Tanya Wilson	U/A	SW	-
353	54	-	123	109.03	Andrew Bell	Congleton Harriers	M45	-
354	53	-	78	109.07	Richard Maddock	Somer AC	M35	-
355	8	67	16	109.08	Linda Jones	Wrexham AAC	W40	Y
356	33	-	287	109.40	Simon Wright	Cheshire Hash House Harr	M50	-
357	11	-	321	109.43	Louise Clowes	Trentham RC	W35	-
358	54	-	576	109.53	Dougie Pratt	U/A	M35	-
359	15	-	157	110.11	Sally Clayton	Vegetarian Cyclist & AC	W45	-
360	65	-	403	110.16	Simon Pierce	U/A	SM	-
361	9	-	472	110.19	Jill Young	Sandbach Striders	W40	-
362	55	-	151	110.20	David Campbell	Congleton Harriers	M45	-
363	30	-	258	110.26	Stephanie Griffiths	Spectrum Striders	SW	-
364	12	-	158	110.28	Suzanne Brierley	U/A	W35	-
365	66	-	19	110.32	Mike Hebblewhite	U/A	SM	-
366	13	-	526	110.36	Jo Waddilove	Sandbach Striders	W35	-

367	5	-	41	110.43	Carole Girling	Horsforth Harriers	W50	-
368	56	-	203	110.49	Martin Frisher	U/A	M45	-
369	16	68	15	110.50	Debbie Dodd	Wrexham AAC	W45	Y
370	67	-	417	110.50	Tim Crighton	U/A	SM	-
371	58	-	99	110.59	Richard Burnett	U/A	M40	-
372	59	-	556	111.12	Steve Henson	U/A	M40	-
373	4	-	560	111.14	Janet Redpath	Spectrum Striders	W55	-
374	60	-	533	111.15	Ian Adams	U/A	M40	-
375	14	-	244	111.27	Jenny Newton	U/A	W35	-
376	68	-	38	111.32	Mark Davies	U/A	SM	-
377	0	-	-	111.34	-	-	-	-
378	15	69	5	111.39	Sarah McMutrie	U/A	W35	Y
379	16	-	340	111.45	Nazila Humphries	U/A	W35	-
380	34	-	468	111.45	Ian Rose	U/A	M50	-
381	10	70	339	111.50	Leslie Ingram	Deestriders	W40	Y
382	61	-	162	112.05	James Ashton	U/A	M40	-
383	57	-	517	112.12	David Reid	Chester Tri	M45	-
384	1	-	592	172.14	David Fewster	U/A	M70	-
385	35	-	518	112.20	John Williams	U/A	M50	-
386	62	-	315	112.29	Glen Miller	U/A	M40	-
387	58	-	400	112.29	Clive Black	U/A	M45	-
388	17	-	379	112.30	Susan Broadbent	U/A	W45	-
389	69	-	214	112.34	David shelley	U/A	SM	-
390	31	-	247	112.34	Nina Warhurst	U/A	SW	-
391	14	-	346	112.49	Ian Blakebrough	Cheshire Hash House Harr	M55	-
392	2	71	593	112.54	Brenda Jones	Bro Dysynni AC	W65	Y
393	17	-	140	112.59	Cathryn Devaney	U/A	W35	-
394	63	-	452	113.07	Simon Hibbott	Oswestry Olympians	M40	-
395	55	72	358	113.09	Gary James	Wrexham Tri	M35	Y
396	56	-	51	113.11	Grant Watson	Chester Tri	M35	-
397	18	-	40	113.13	Nicola Wilde	Horsforth Harriers	W45	-
398	36	-	446	113.15	Brian McElmeel	U/A	M50	-
399	64	-	79	113.16	Mick Pursglove	Oswestry Olympians	M40	-
400	5	-	159	113.24	John Hughes	U/A	M60	-
401	59	-	345	113.26	Grant Stanning	Sandbach Striders	M45	-
402	57	73	149	113.49	D. Pitton	North Wales Road Runners	M35	Y
403	37	-	497	114.04	Roy Jones	U/A	M50	-
404	58	-	483	114.14	Timothy Appleton	U/A	M35	-
405	59	-	482	114.15	Mathew Simister	U/A	M35	-
406	60	-	451	114.22	Graeme Foster	U/A	M45	-

407	65	-	527	114.32	David Pritchard	Astley & Tyldsley RR	M40	-
408	66	-	59	114.37	Chris Jones	U/A	M40	-
409	32	-	399	114.38	Nia Williams	U/A	SW	-
410	11	-	532	114.40	Linda Dale	Staffs. Moorland AC	W40	-
411	33	-	534	114.42	Jane Doughton	U/A	SW	-
412	18	-	538	114.46	Jackie Clarke	Helsby	W35	-
413	67	-	92	115.06	Martin Hilton	U/A	M40	-
414	6	74	330	115.20	Meinir Huws	Abergele Harriers	W50	Y
415	12	-	225	115.24	Mary Thornton	U/A	W40	-
416	38	-	293	115.24	David Andrews	U/A	M50	-
417	60	-	144	115.33	Stephen Reardon	U/A	M35	-
418	39	-	249	115.40	Andrew Prichard	Shrewsbury Road Runners	M50	-
419	0	-	-	115.56	-	-	-	-
420	70	-	386	115.56	Martin Edwards	U/A	SM	-
421	7	-	295	116.00	Geraldine Dunkerley	U/A	W50	-
422	0	-	-	116.03	-	-	-	-
423	68	-	515	116.11	Andrew Griffiths	Michelin AC	M40	-
424	5	-	514	116.17	Carolyn Moore	SMM	W55	-
425	13	-	540	116.21	Caroline Brockbank	Sandbach Striders	W40	-
426	19	75	322	116.30	Lucy Kay	North Wales Road Runners	W45	Y
427	6	-	529	116.37	Sidney Molyneux	Picton Running Club	M60	-
428	14	-	566	116.38	Caroline Williams	Oswestry Olympians	W40	-
429	61	-	195	116.45	Will Morris	U/A	M45	-
430	34	-	445	116.54	Liz Simpson	Village Road Runners	SW	-
431	6	-	589	116.57	Rose Thomas	Rhayader	W55	-
432	19	-	260	116.58	Ruth Hadfield	South Cheshire Harriers	W35	-
433	35	-	119	116.58	Kedren Elliott	South Cheshire Harriers	SW	-
434	71	-	233	117.06	James O'Donnell	U/A	SM	-
435	36	-	234	117.06	Sarah Pooley	U/A	SW	-
436	72	-	408	117.16	Nikki Allen	U/A	SM	-
437	20	-	450	117.32	Karen Jane Owens	Oswestry Olympians	W35	-
438	15	-	84	118.40	Jane Flanagan	U/A	W40	-
439	62	-	353	118.40	Keith Scovell	Arrove Park Amblers	M45	-
440	73	-	562	118.45	Tony Eden	U/A	SM	-
441	74	-	179	119.05	Ian Hodgkiss	U/A	SM	-
442	16	-	359	119.11	Diane Hawkes	U/A	W40	-

443	63	-	388	119.19	Dewi Griffiths	U/A	M45	-
444	20	-	129	119.22	Jane Hughes	Scarab Running Club	W45	-
445	37	-	371	119.30	Jodie Jones	U/A	SW	-
446	5	-	581	119.31	David Lacy	Shropshire Shufflers	M65	-
447	38	76	456	119.33	Ruth Pearson	Wrexham AAC	SW	Y
448	64	-	156	119.49	John Willcox	U/A	M45	-
449	69	-	32	119.53	Hiram Evans	U/A	M40	-
450	21	77	356	121.01	Emily Davies	Deestriders	W45	Y
451	15	-	121	121.14	Michael J Quinlivan	U/A	M55	-
452	16	-	291	121.53	Chris Bennion	Ellesmere Port	M55	-
453	7	-	171	122.11	Caryl Hartwright	Totley AC	W55	-
454	39	-	543	122.29	Adele Minshall	Whitchurch Whippets	SW	-
455	61	-	222	122.41	Marko Stolic	Newport & District RC	M35	-
456	0	78	409	186.56	Sheila M Symonds	Bro Dysynni AC	W75	Y
457	75	-	294	123.59	Derek Mason	Chester Tri	SM	-
458	21	-	116	124.07	Liz Painter	South Cheshire Harriers	W35	-
459	40	-	501	124.12	Dave Watson	Spectrum Striders	M50	-
460	65	-	568	124.57	W Thomas	Liverpool Running Club	M45	-
461	17	-	354	125.00	Bronwen Evans	Birkenhead AC	W40	-
462	22	-	470	125.12	Lorraine Wynne	U/A	W45	-
463	76	-	37	125.31	Ian Davies	U/A	SM	-
464	22	79	62	126.08	Sharon Hulett	Prestatyn Running Club	W35	Y
465	6	-	120	126.22	Kevin O'Brien	Penny Lane Striders	M65	-
466	70	-	364	126.48	John Wainwright	U/A	M40	-
467	23	-	184	126.56	Rachel Bell	U/A	W35	-
468	77	80	52	127.10	Alwyn Williams	Eryri Harriers	SM	Y
469	23	-	217	127.33	Pam Rowland	Oswestry Olympians	W45	-
470	40	-	564	128.30	Lucy Anne Gabriel	U/A	SW	-
471	24	-	530	128.41	S D Lloyd	Wrekin Road Runner	W45	-
472	41	-	317	128.54	Julian Buchanan	U/A	M50	-
473	24	-	319	129.24	Carolyn Hume	U/A	W35	-
474	2	-	447	129.39	Lindsey Bellis	U/A	JW	-
475	42	-	372	130.39	Graham Fisher	U/A	M50	-
476	43	-	318	130.48	Ted Williams	U/A	M50	-
477	7	-	505	130.51	Keith Tubman	U/A	M60	-
478	25	-	506	130.56	Karen Bevan	Oswestry Olympians	W35	-

479	44	-	424	131.11	Roger Lyon	U/A	M50	-
480	41	-	591	131.19	Charlotte Brennan	U/A	SW	-
481	25	-	198	131.25	Sue Austin	U/A	W45	-
482	8	-	545	131.31	Linda P Owen	Spectrum Striders	W50	-
483	26	-	487	131.39	Caroline Wood	U/A	W45	-
484	27	-	486	131.40	Bethan Jones	U/A	W45	-
485	18	-	47	131.53	Sarah Dyde	South Cheshire Harriers	W40	-
486	26	-	366	132.03	Jeanette Hatton	South Cheshire Harriers	W35	-
487	66	-	550	132.29	Craig Jones	Sunlight Runners	M45	-
488	42	-	338	133.04	Claudine Gibson	Chester Tri	SW	-
489	9	-	342	133.12	Gillian Clingham	U/A	W50	-
490	19	-	243	134.05	Lorraine Pilgrim	U/A	W40	-
491	27	-	94	134.09	Sharon Basford	Tattenhall Runners	W35	-
492	28	-	490	134.58	Sarah Norman	Sparkhill Harriers	W45	-
493	8	-	422	136.17	Christine Champney	U/A	W55	-
494	8	-	170	136.18	Archie Hartwright	Totley AC	M60	-
495	71	-	97	136.39	Gareth Jones	U/A	M40	-
496	9	-	433	136.42	John Rowlands	Whitchurch Whippets	M60	-
497	20	-	73	137.43	Maria Haigh	Birkenhead AC	W40	-
498	62	81	181	139.24	R. James-Owens	Carneddau Triathlon	M35	Y
499	10	-	209	140.10	Les Hall	Norton Lanes Road Runners	M60	-
500	67	-	519	145.59	Dai Gallagher	U/A	M45	-
501	63	-	312	146.19	Barrie Hillyer	U/A	M35	-
502	43	-	190	149.02	Emma Banks	U/A	SW	-
503	1	82	326	152.21	Cliff Wilkinson	North Wales Road Runners	M75	Y
504	21	-	56	156.06	Kim Halliday	U/A	W40	-
505	29	-	240	183.14	Amanda Thorogood	U/A	W45	-
506	10	-	89	183.14	Gwenda Marshall	U/A	W50	-
507	22	-	546	188.42	Jenny Jones	U/A	W40	-

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