

Chocoholics 2013 29th March



Overall Results

1m	Jimmy	Kershaw	Oswestry Olympians	16.18
2m	Tim	Davies	Maldwyn Harriers	16.32
3m	Luke	Davies	Brecon	17.10
1f	Ffion	Price	Cardiff AC	17.48
2f	Rhianwedd	Price	Cardiff AC	19.33
3f	Alex	Cawthra	Maldwyn Harriers	20.40

Age Group Results

Msenior	Llyr	Lewis	D.I.C.	17.42
MU20	Arran	Games	Brecon	17.14
MV35	Phill	Bullock	Worcester AC	18.33
MV40	Ian	Lowe	Oswestry Olympians	17.15
MV45	Andrew	Davies	Thornbury RC	18.21
MV50	John	Lyden	Ludlow Runners	20.13
MV55	Ed	Davies	Maldwyn Harriers	18.17
MV60	Peter	Hough	u/a	20.47
MV65	John Gwynn	Evans	Aberystwyth AC	22.13

Fsenior	Lauren	Davies	Oswestry Olympians	21.27
FU20	Lauren	Teasdale	Maldwyn Harriers	24.44
FV35	Belinda	Bryant	Maldwyn Harriers	30.20
FV40	Nicola	Davies	Thornbury RC	23.35
FV45	Andre	Hutchinson	Maldwyn Harriers	24.53
FV50	Rachel	Butler	Maldwyn Harriers	24.20
FV55	Jill	Hillman	Maldwyn Harriers	26.44
FV60	JAcqui	Lloyd	Maldwyn Harriers	28.14
FV65	Ann	Cruse	Ludlow Runners	30.41
FV70	Brenda	Jones	Bro Dysynni	27.34
FV75	Sheila	Symonds	Bro Dysynni	41.38

Full Results

Number	Pos	Forename	Surname	Club	Gender	Category	Time
813	1	Jimmy	Kershaw	Oswestry Olympians	m	u20	16.18
825	2	Tim	Davies	Maldwyn Harriers	m	v35	16.32
802	3	Luke	Davies	Brecon	m	u20	17.10
881	4	Arran	Games	Brecon	m	u20	17.14
814	5	Ian	Lowe	Oswestry Olympians	m	v40	17.15
828	6	Llyr	Lewis	D.I.C.	m	senior	17.42
820	7	Ffion	Price	Cardiff AC	f	u20	17.48
871	8	Adam	Jones	Brecon	m	u20	18.09
876	9	Gabriel	Hay	Brecon	m	u20	18.16
891	10	Ed	Davies	Maldwyn Harriers	m	v55	18.17
803	11	Andrew	Davies	Thornbury RC	m	v45	18.21
877	12	Nicholas	Jones	u/a	m	u20	18.26
810	13	Phill	Bullock	Worcester AC	m	v35	18.33
829	14	Gary Wyn	Davies	D.I.C.	m	senior	18.39
882	15	Rhodri	Boggust	Brecon	m	u20	19.09
812	16	Arfon	Hughes	Merionnydd	m	v40	19.22
827	17	Darren	Jarman	SY Tri	m	v35	19.25
821	18	Rhianwedd	Price	Cardiff AC	f	u20	19.33
823	19	Ian	Ellis	u/a	m	senior	19.44
836	20	Stephen	Andrews	Devils Workshop	m	senior	19.55
880	21	Ricky	Francis	Merionnydd	m	v35	20.00
874	22	Ashley	Williams	H C C	m	senior	20.02

868	23	John	Lyden	Ludlow Runners	m	v50	20.13
870	24	Derek	Osborne	Brecon	m	v45	20.32
851	25	Alex	Cawthra	Maldwyn Harriers	f	u20	20.40
869	26	Peter	Hough	u/a	m	v60	20.47
865	27	Lenny	Hughes	Maldwyn Harriers	m	v55	20.53
875	28	Gareth	Watkins	H C C	m	senior	21.03
859	29	Phil	Walker	u/a	m	v40	21.05
835	30	Lauren	Davies	Oswestry Olympians	f	senior	21.27
839	31	Damian	Lewis	Devils Workshop	m	u20	21.47
806	32	Chris	Copus	Maldwyn Harriers	m	v55	21.50
853	33	Paul	Jones	u/a	m	v45	21.55
843	34	John Gwynn	Evans	Aberystwyth AC	m	v65	22.13
857	35	Jacqui	Loxham	Maldwyn Harriers	f	senior	22.21
815	36	Kaya	Saul	Maldwyn Harriers	m	u20	22.40
862	37	DAvid	Manuel	Maldwyn Harriers	m	v40	22.43
856	38	Alan	Ryland	Builth Wells	m	v60	22.56
844	39	Philip	Paul	7 VC	m	v50	23.17
872	40	Paul	Evans	Brecon	m	v35	23.22
845	41	Edward	Cadenne	u/a	m	v35	23.23
816	42	Tim	Saul	SY Tri	m	v40	23.30
886	43	Reece	Moles	Maldwyn Harriers	m	senior	23.34
804	44	Nicola	Davies	Thornbury RC	f	v40	23.35
847	45	Graeme	Stringer	Merionydd	m	v45	23.35
848	46	Chris	Hal	7 ield	m	v35	23.39
849	47	Jacqui	Mellor	Maldwyn Harriers	f	v40	23.54
833	48	Rachel	Butler	Maldwyn Harriers	f	v50	24.20
808	49	David	Jones	Denbigh Harriers	m	v60	24.33
817	50	Lauren	Teasdale	Maldwyn Harriers	f	u20	24.44
811	51	Andre	Hutchinson	Maldwyn Harriers	f	v45	24.53
818	52	Jonathan	Teasdale	Maldwyn Harriers	m	u20	24.54
826	53	John	Strange	Telford Harriers	m	v65	24.57
879	54	Sharon	Lloyd	Maldwyn Harriers	f	v40	25.10
864	55	Geraint	Evans	Bro Dysynni	m	v50	25.16
860	56	Helen	Owen	u/a	f	v40	25.47
855	57	Hollie	Wynne	Aberystwyth AC	f	senior	25.52
850	58	Sarah	Williams	Maldwyn Harriers	f	u20	26.02
889	59	Stephen	Rowlands	u/a	m	v40	26.03
873	60	Georgina	Fletcher	Maldwyn Harriers	f	v50	26.10
858	61	Julie	Frost	u/a	f	senior	26.42
842	62	Jill	Hillman	Maldwyn Harriers	f	v55	26.44
888	63	Rachel	Williams	u/a	f	senior	26.59
822	64	Alex	Austin	Maldwyn Harriers	f	u20	27.09
805	65	Brenda	Jones	Bro Dysynni	f	v70	27.34
846	66	Hugh	Harrison	Bro Dysynni	m	v55	27.38
887	67	June	Jones	Maldwyn Harriers	f	v40	28.06
885	68	JAcqui	Lloyd	Maldwyn Harriers	f	v60	28.14
809	69	Michelle	Beeson	Maldwyn Harriers	f	v40	28.15
834	70	Helen	Stretch	Aberystwyth AC	f	v60	28.31
867	71	Diane	Jones	Maldwyn Harriers	f	v40	28.59
890	72	Vanessa	Rowlands	Maldwyn Harriers	f	v40	29.56
807	73	Marit	Evans	Bro Dysynni	f	v45	29.59
841	74	Steve	Bryant	u/a	m	v35	30.01
837	75	Freddie	Jones-Hoare	Devils Workshop	m	u20	30.04
840	76	Belinda	Bryant	Maldwyn Harriers	f	v35	30.20
824	77	Sharon	Davies	Maldwyn Harriers	f	senior	30.23
878	78	Ann	Cruse	Ludlow Runners	f	v65	30.41
883	79	Karen	Jones	Maldwyn Harriers	f	v35	30.57
861	80	Marilyn	Hunt	Oswestry Olympians	f	v45	31.39
863	81	Andy	Unwin	Bro Dysynni	m	v45	31.54
866	82	Alwena	Gentle	Maldwyn Harriers	f	v55	32.00
854	83	Claire	Rowlands	Maldwyn Harriers	f	senior	32.17
830	84	Chloe	Foster	Maldwyn Harriers	f	u20	32.35
831	85	Stephanie	Foster	Maldwyn Harriers	f	v45	33.29
834	86	Carole	Phillips	Maldwyn Harriers	f	v55	33.29

838	87	Shaun	Lewis	Devils Workshop	m	u20	33.35
832	88	Sylvia	Price	u/a	f	v40	36.47
852	89	Jan	Powell	u/a	f	v40	37.10
801	90	Sheila	Symonds	Bro Dysynni	f	v75	41.38
819	91	Esyllt	Richards	Merionnydd	f	senior	41.38