

Newtown 10k 2013
12th May



Overall Results

1M	Gwynant	Jones	Cardiff AC	35.48
2M	Gethin	Holland	Aberystwyth AC	37.11
3M	Shelley	Childs	Aberystwyth AC	37.58
1F	Heidi	Davies	Brecon	41.03
2F	Lauren	Davies	Oswestry Olympians	43.24
3F	Diane	Hurley	u/a	43.43

Age Group Results

Msenior	Sam	Risby	Aber Uni	42.01
MU20	Scott	Hudspith	Aber Uni	39.23
MV35	Phill	Bullock	Worcester AC	38.53
MV40	Sean	Clarke	u/a	41.25
MV45	Andrew	Davies	Thornbury RC	38.14
MV50	Richard	Jones	Shrewsbury Athletic Club	39.42
MV55	Ed	Davies	Maldwyn Harriers	38.09
MV60	Barry	Wilson	Ludlow Runners	43.18
MV65	John Gwynn	Evans	Aberystwyth AC	46.24
MV70			no competitor	
MV75			no competitor	
Fsenior	Jacqui	Loxham	Maldwyn Harriers	44.44
FU20	Aby	Sampson	Aber Uni	47.11
FV35	Bethany	Norwood	Ludlow Runners	53.29
FV40	Jacqui	Mellor	Maldwyn Harriers	48.28
FV45	Nicola	Rees	Bro Dysynni	54.35
FV50	Rachel	Butler	Maldwyn Harriers	49.07
FV55	Anita	Worthing	Aberystwyth AC	45.36
FV60			no competitor	
FV65	Marjorie	Griffiths	Bro Dysynni	64.54
FV70	Brenda	Jones	Bro Dysynni	57.04
FV75	Sheila	Symonds	Bro Dysynni	92.25

Full Results

Number	Pos	Forename	Surname	Club	Gender	Category	Time
37	1	Gwynant	Jones	Cardiff AC	M	u20	35.48
42	2	Gethin	Holland	Aberystwyth AC	M	senior	37.11
46	3	Shelley	Childs	Aberystwyth AC	M	v35	37.58
57	4	Ed	Davies	Maldwyn Harriers	M	v55	38.09
21	5	Andrew	Davies	Thornbury RC	M	v45	38.14
35	6	Phill	Bullock	Worcester AC	M	v35	38.53
11	7	Scott	Hudspith	Aber Uni	M	u20	39.23
23	8	Richard	Jones	Shrewsbury Athletic Club	M	v50	39.42
20	9	Heidi	Davies	Brecon	F	u20	41.03
55	10	R	Martin	Maldwyn Harriers	M	v45	41.22
30	11	Sean	Clarke	u/a	M	v40	41.25
51	12	Ricky	Francis	Merionnydd	M	v35	41.37
12	13	Sam	Risby	Aber Uni	M	senior	42.01
17	14	Adam	Runacres	Aber Uni	M	u20	42.03
7	15	Lenny	Hughes	Maldwyn Harriers	M	v55	42.38
18	16	Owain	Morris	Aber Uni	M	senior	42.55
47	17	Ashley	Williams	H C C	M	senior	43.11
8	18	Barry	Wilson	Ludlow Runners	M	v60	43.18
9	19	Lauren	Davies	Oswestry Olympians	F	senior	43.24
59	20	Diane	Hurley	u/a	F	senior	43.43
26	21	Peter	Hough	u/a	M	v60	44.28

56	22	Jacqui	Loxham	Maldwyn Harriers	F	senior	44.44
33	23	Peter	Crowther	Aberystwyth AC	M	v55	44.44
38	24	Anita	Worthing	Aberystwyth AC	F	v55	45.36
27	25	Alice	Walton	SY Tri	F	senior	45.37
19	26	Matthew	Birkett	Aber Uni	M	senior	45.55
14	27	Lisa	Branscheuer	Aber Uni	F	senior	45.56
16	28	Rhiannon	Anderson	Aber Uni	F	senior	45.57
41	29	John Gwynn	Evans	Aberystwyth AC	M	v65	46.24
24	30	Iwan	Lloyd	u/a	M	v35	46.24
15	31	Aby	Sampson	Aber Uni	F	u20	47.11
58	32	Graeme	Stringer	Merionnydd	M	v45	47.18
36	33	Alan	Ryland	Builth Wells	M	v60	48.16
28	34	Jacqui	Mellor	Maldwyn Harriers	F	v40	48.28
31	35	Rachel	Butler	Maldwyn Harriers	F	v50	49.07
22	36	Nicola	Davies	Thornbury RC	F	v40	49.37
45	37	Ken	Toop	u/a	M	v45	49.53
49	38	Olli	Makkonen	Finland	M	senior	51.14
62	39	Sharon	Lloyd	Maldwyn Harriers	F	v40	52.44
13	40	Charlotte	Ryan-Elliott	Aber Uni	F	senior	53.24
10	41	Bethany	Norwood	Ludlow Runners	F	v35	53.29
4	42	Mark	Griffiths	u/a	M	senior	53.40
53	43	Melanie	Wright	Mercia	F	v40	53.49
34	44	Nicola	Rees	Bro Dysynni	F	v45	54.35
44	45	Helen	Williams	Aberystwyth AC	F	v50	54.40
40	46	Nicola	Kelly	Builth Wells	F	v40	54.43
5	47	Emma	Davies	Aberystwyth AC	F	senior	54.57
52	48	Jill	Hillman	Maldwyn Harriers	F	v55	56.34
32	49	Mandy	Glennie	u/a	F	v45	56.50
25	50	Brenda	Jones	Bro Dysynni	F	v70	57.04
6	51	Sarah	May	u/a	F	v45	57.29
29	52	June	Jones	Maldwyn Harriers	F	v40	57.40
48	53	Piia	Makkonen	Finland	F	senior	58.08
39	54	Diane	Jones	Maldwyn Harriers	F	v40	60.09
43	55	Nicola	Carney	Machynlleth	F	v45	61.37
50	56	Marjorie	Griffiths	Bro Dysynni	F	v65	64.54
54	57	Sue	Carroll	Maldwyn Harriers	F	v50	68.48
61	58	Chloe	Foster	Maldwyn Harriers	F	u20	75.27
60	59	Michelle	Beeson	Maldwyn Harriers	F	v40	75.28
1	60	Sheila	Symonds	Bro Dysynni	F	v75	92.25

