

Twin Piers 2013

Twin Piers

Saturday 19 January 2013. 1:00 pm

Provisional Results for All Competitors in finish order.

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race</i> | <i>Race</i> |
|--------------|-------------|-----------------------------|-------------------------------|--------------------------|-------------|-------------|
| 1 | 0:34:30 | BLEAKLEY, James | Trafford AC | MV35 | 320 | 1 |
| 2 | 0:34:38 | JONES, Lee | Deeside AAC | MV40 | 106 | 2 |
| 3 | 00:34:45 | ROTHERY, Brendan | Eryri Harriers | Senior Male | 128 | 3 |
| 4 | 0:35:30 | KASHI, Daniel | Eryri Harriers | Senior Male | 81 | 4 |
| 5 | 0:35:45 | CROWE, Steven | Deeside AAC | MV35 | 120 | 5 |
| 6 | 0:36:35 | ROBERTS, Simon | Buckley Runners | MV40 | 252 | 6 |
| 7 | 0:36:52 | BROWN, Jez | Buckley Runners | MV40 | 57 | 7 |
| 8 | 0:36:58 | WEBB, Tom | | MU/20 | 126 | 8 |
| 9 | 0:37:10 | CONNELL, Arthur | Eryri Harriers | Senior Male | 29 | 9 |
| 10 | 0:37:12 | WATHAN, Paul | Eryri Harriers | Senior Male | 224 | 10 |
| 11 | 0:37:33 | WILLIAMS, Adrian | Eryri Harriers | MV40 | 332 | 11 |
| 12 | 0:37:56 | EARDLSY, Stephen John | Colwyn Bay AC | MV40 | 174 | 12 |
| 13 | 0:38:00 | HUNTER, Richard | Shropshire Shufflers | Senior Male | 273 | 13 |
| 14 | 0:38:01 | BROMLEY, Andy | Deeside AAC | Senior Male | 93 | 14 |
| 15 | 0:38:09 | BUTTERWORTH, Andrew Charles | | MV35 | 338 | 15 |
| 16 | 0:38:28 | ROWLANDS, Irfon | Cybi Striders | MV45 | 100 | 16 |
| 17 | 0:38:32 | YORKE, Chris | North Wales Road Runners Club | MV40 | 227 | 17 |
| 18 | 0:38:34 | LANCASTER, Paul | | MV35 | 242 | 18 |
| 19 | 0:38:45 | WATERS, Jodi | Abergele Harriers | MV35 | 282 | 19 |
| 20 | 0:38:47 | CROWE, Lee | | Senior Male | 172 | 20 |
| 21 | 0:38:47 | GRIFFITH, Jacob | Colwyn Bay AC | MU/20 | 58 | 21 |
| 22 | 0:39:01 | MOLYNEUX, James | | MV40 | 235 | 22 |
| 23 | 0:39:03 | BARNETT, Glenn | North Wales Road Runners Club | MV40 | 61 | 23 |
| 24 | 0:39:05 | HERSHAW, Neil | West Cheshire AC | MV45 | 317 | 24 |
| 25 | 0:39:08 | HATTON, Andrew | Bangor University | MU/20 | 307 | 25 |
| 26 | 0:39:16 | OWEN, Dewi | Eryri Harriers | Senior Male | 73 | 26 |
| 27 | 0:39:32 | CASKEY, Sarah | Bangor University | Senior Female | 279 | 27 |
| 28 | 0:39:41 | ELLIS, Gareth Rees | Menai Track & Field | MV40 | 219 | 28 |
| 29 | 0:39:41 | MORRIS, John Edward | Deeside AAC | Senior Male | 92 | 29 |
| 30 | 0:39:43 | BOOTH-TAYLOR, Darren | | MV35 | 370 | 30 |
| 31 | 0:39:50 | JONES, Peter M W | | MV50 | 230 | 31 |
| 32 | 0:40:00 | WATSON, Tim | Eryri Harriers | MV45 | 255 | 32 |
| 33 | 0:40:06 | WOODCOCK, Jim | Menai Track & Field | MV60 | 124 | 33 |
| 34 | 0:40:11 | HOLMES, Christine | Trentham RC | Senior Female | 33 | 34 |
| 35 | 0:40:19 | REDFERN, Isabel | Colwyn Bay AC | FV40 | 158 | 35 |
| 36 | 0:40:36 | DAVIES, Mark | North Wales Road Runners Club | MV35 | 209 | 36 |
| 37 | 0:40:39 | ARMSTRONG, Robert | Abergele Harriers | Senior Male | 393 | 37 |
| 38 | 0:40:41 | OWEN, Huw | Eryri Harriers | MV35 | 35 | 38 |
| 39 | 0:40:56 | HOUJLSTON, Gary | | MV45 | 44 | 39 |
| 40 | 0:41:03 | CORBISHLEY, Stephen | Rosendale Harriers | Senior Male | 143 | 40 |
| 41 | 0:41:04 | SALT, James | | MV35 | 213 | 41 |
| 42 | 0:41:06 | ROBERTS, Nigel Andrew | North Wales Road Runners Club | Senior Male | 270 | 42 |
| 43 | 0:41:08 | HANCOCKS, Stuart | | Senior Male | 384 | 43 |
| 44 | 0:41:11 | YATES, Andrew | | MV45 | 210 | 44 |
| 45 | 0:41:16 | GAVIN, Sean | North Wales Road Runners Club | MV35 | 117 | 45 |
| 46 | 0:41:17 | CHANT, Ali | Eryri Harriers | MV40 | 43 | 46 |
| 47 | 0:41:26 | DIBB, Mark | | MV40 | 234 | 47 |
| 48 | 0:41:32 | DEVENPORT, Tony | Deeside AAC | MV40 | 119 | 48 |
| 49 | 0:41:33 | GIBSON, Jack | | Senior Male | 345 | 49 |
| 50 | 0:41:58 | SLATTERY, Kevin | North Wales Road Runners Club | MV55 | 4 | 50 |
| 51 | 0:42:19 | WILLIAMS, J. Merfyn | Cybi Striders | MV50 | 27 | 51 |
| 52 | 0:42:22 | PARRY-JONES, Jason | | Senior Male | 50 | 52 |
| 53 | 0:42:26 | JONES, Andy | North Wales Road Runners Club | MV35 | 229 | 53 |
| 54 | 0:42:26 | JONES, Mark | | MV40 | 304 | 54 |
| 55 | 0:42:33 | ROBERTS, Konrad | North Wales Road Runners Club | MV45 | 259 | 55 |
| 56 | 0:42:53 | TYLER, Jonathan | Eryri Harriers | Senior Male | 160 | 56 |
| 57 | 0:43:05 | BUTTERWORTH, James | | MV35 | 239 | 57 |
| 58 | 0:43:15 | CHEETHAM, Russ | Prestatyn RC | MV45 | 54 | 58 |
| 59 | 0:43:19 | WEAVER, Derek | Eryri Harriers | MV55 | 343 | 59 |
| 60 | 0:43:27 | SCAMANS, Richard | North Wales Road Runners Club | MV40 | 277 | 60 |
| 61 | 0:43:30 | COLLINS, Emma | Denbigh Harriers | FV50 | 389 | 61 |
| 62 | 0:43:35 | WALKER, John | North Wales Road Runners Club | MV45 | 215 | 62 |
| 63 | 0:43:38 | GAUTON, Ashley | Denbigh Harriers | MV50 | 390 | 63 |
| 64 | 0:43:52 | BENTON, Tony | Denbigh Harriers | MV50 | 80 | 64 |
| 65 | 0:44:00 | TAYLOR, Beckie | Bangor University | FU/20 | 144 | 65 |
| 66 | 0:44:03 | WILLIAMS, Neil | | MV40 | 17 | 66 |
| 67 | 0:44:26 | HESKETH, Simon | North Wales Road Runners Club | Senior Male | 305 | 67 |
| 68 | 0:44:29 | WHITESIDE, Michael | Tatenhall Runners | MV65 | 55 | 68 |
| 69 | 0:44:33 | BORNE, Richard | | MV45 | 340 | 69 |
| 70 | 0:44:40 | NEATHEY, Sean | | Senior Male | 275 | 70 |

| | | | | | | |
|-----|---------|-------------------------|-------------------------------|---------------|-----|-----|
| 71 | 0:44:42 | LUDDEN, Margaret | Buckley Runners | FV50 | 248 | 71 |
| 72 | 0:44:52 | GRIFFITH, David | Colwyn Bay AC | MV40 | 60 | 72 |
| 73 | 0:44:54 | POLLARD, Garry William | Yeovil Town Running Club | MV60 | 125 | 73 |
| 74 | 0:44:58 | ROBERTS, Steven Paul | | MV45 | 211 | 74 |
| 75 | 0:45:00 | EVANS, Jon | North Wales Road Runners Club | MV45 | 212 | 75 |
| 76 | 0:45:08 | MAYERS, Mark | Abergele Harriers | MV40 | 175 | 76 |
| 77 | 0:45:11 | GRIFFITH, John Owen | Cybi Striders | MV60 | 15 | 77 |
| 78 | 0:45:14 | HOWE, Anthony | Abergele Harriers | MV35 | 105 | 78 |
| 79 | 0:45:20 | RAWLINGS, Lewys | | MU/20 | 38 | 79 |
| 80 | 0:45:23 | MACARTHUR, Helen | Colwyn Bay AC | FV40 | 177 | 80 |
| 81 | 0:45:28 | TOMLINSON, David Ashley | Colwyn Bay AC | Senior Male | 41 | 81 |
| 82 | 0:45:31 | CARPENTER, Peter | | MV50 | 1 | 82 |
| 83 | 0:45:35 | HIDE, Simon | Wrexham AC | MV40 | 77 | 83 |
| 84 | 0:45:39 | JONES, Emrys | Cybi Striders | MV50 | 26 | 84 |
| 85 | 0:45:43 | HUGHES, Owain | | Senior Male | 364 | 85 |
| 86 | 0:45:52 | ROBERTS, Elfed | | Senior Male | 87 | 86 |
| 87 | 0:45:55 | DENTITH, Darren | | MV40 | 361 | 87 |
| 88 | 0:45:58 | MORGANS, Gemma | Eryri Harriers | Senior Female | 225 | 88 |
| 89 | 0:46:00 | EVANS, Maldwyn | Eryri Harriers | MV50 | 321 | 89 |
| 90 | 0:46:03 | BICKNELL, Matthew | Colwyn Bay AC | Senior Male | 382 | 90 |
| 91 | 0:46:05 | HILL, Tony | Cybi Striders | MV60 | 2 | 91 |
| 92 | 0:46:08 | JONES, Bethan Dobson | | Senior Female | 37 | 92 |
| 93 | 0:46:14 | CLARKE, Jonathan | | MV40 | 313 | 93 |
| 94 | 0:46:24 | MAGUINNESS, Neil | | MV40 | 392 | 94 |
| 95 | 0:46:29 | HUGHES-ROBERTS, John | Prestatyn RC | MV50 | 397 | 95 |
| 96 | 0:46:36 | BRAYSHAY, Chris | | MV35 | 243 | 96 |
| 97 | 0:46:39 | DAVIES, Alan | North Wales Road Runners Club | MV55 | 7 | 97 |
| 98 | 0:46:41 | JAMES, Christopher | | Senior Male | 385 | 98 |
| 99 | 0:46:43 | WALKER, Philip | Wrexham AC | MV60 | 327 | 99 |
| 100 | 0:46:47 | JONES, Dewi | | Senior Male | 324 | 100 |
| 101 | 0:46:47 | MART, Gavin | | Senior Male | 284 | 101 |
| 102 | 0:46:52 | BIRCH, Chris | Abergele Harriers | FV65 | 5 | 102 |
| 103 | 0:46:55 | GIBSON, Tony | North Wales Road Runners Club | MV55 | 8 | 103 |
| 104 | 0:47:06 | CLOSE, Conor | | MV35 | 349 | 104 |
| 105 | 0:47:20 | BATE, Storm | | MV45 | 94 | 105 |
| 106 | 0:47:24 | YARLETT, Graham | North Wales Road Runners Club | MV40 | 3 | 106 |
| 107 | 0:47:31 | DAVIES, Simon | | Senior Male | 323 | 107 |
| 108 | 0:47:33 | OWEN, Mark | | MV40 | 167 | 108 |
| 109 | 0:47:33 | BRADLEY, Sheila | Buxton AC | FV55 | 20 | 109 |
| 110 | 0:47:34 | AUSTIN, Becky | Trentham RC | FV40 | 23 | 110 |
| 111 | 0:47:35 | MORRIS, John | Buckley Runners | MV65 | 97 | 111 |
| 112 | 0:47:36 | AUSTIN, Melvyn | | MV50 | 258 | 112 |
| 113 | 0:47:37 | GILMAN, Matthew Paul | | MV40 | 216 | 113 |
| 114 | 0:47:40 | EVANS, John Gwynn | Aberystwyth AC | MV65 | 101 | 114 |
| 115 | 0:47:49 | MCVEY, Graham | | MV40 | 276 | 115 |
| 116 | 0:48:00 | O'KEEFFE, Richard | Trentham RC | MV60 | 34 | 116 |
| 117 | 0:48:09 | ROBERTS, Andrew | | MV45 | 339 | 117 |
| 118 | 0:48:11 | DAVIES, Ryan | | Senior Male | 363 | 118 |
| 119 | 0:48:12 | BECK, Sian | Prestatyn RC | FV35 | 351 | 119 |
| 120 | 0:48:27 | WHITEHEAD, Victoria | Denbigh Harriers | FV40 | 30 | 120 |
| 121 | 0:48:28 | GREEN, Carla | | FV40 | 214 | 121 |
| 122 | 0:48:33 | CAHILL, Craig | | MV35 | 398 | 122 |

| | | | | | |
|-----|-----------------------------|-------------------------------|---------------|-----|-----|
| 123 | 0:48:34 JACKSON, Daniel | | Senior Male | 335 | 123 |
| 124 | 0:48:50 SMITH, Kevin | | MV50 | 90 | 124 |
| 125 | 0:48:56 RICHARDS, Stephen | | MV45 | 10 | 125 |
| 126 | 0:49:13 LLOYD, Gerwyn | | Senior Male | 380 | 126 |
| 127 | 0:49:27 HUGHES, Michael | | MV50 | 298 | 127 |
| 128 | 0:49:29 MC DONNELL, Tina | Eryri Harriers | FV40 | 166 | 128 |
| 129 | 0:49:33 RICHARDS, Stephen | | MV35 | 74 | 129 |
| 130 | 0:49:35 ROBERTS, Gareth | | MV40 | 19 | 130 |
| 131 | 0:49:35 JONES, Sian | | FV45 | 76 | 131 |
| 132 | 0:49:50 JONES, Llion | | Senior Male | 381 | 132 |
| 133 | 0:49:50 WARING, Gabby | Prestatyn RC | FV55 | 352 | 133 |
| 134 | 0:49:54 LEE-BROWNE, Nicola | North Wales Road Runners Club | FV50 | 71 | 134 |
| 135 | 0:49:54 SPILLANE, Chris | | MV45 | 142 | 135 |
| 136 | 0:50:03 PUGH, Richard | | MV35 | 309 | 136 |
| 137 | 0:50:06 DAVIES, Chris | | Senior Male | 311 | 137 |
| 138 | 0:50:07 DAVIES, Owain | | Senior Male | 395 | 138 |
| 139 | 0:50:07 JONES, Michael | | MV45 | 115 | 139 |
| 140 | 0:50:15 BULMER, Peter | | MV50 | 79 | 140 |
| 141 | 0:50:16 JONES, Mark N | North Wales Road Runners Club | MV40 | 14 | 141 |
| 142 | 0:50:19 GILSENAN, Hayley | | Senior Female | 383 | 142 |
| 143 | 0:50:23 TOMLINSON, Nicola | Colwyn Bay AC | Senior Female | 42 | 143 |
| 144 | 0:50:27 ARMSTRONG, Geoff | | MV60 | 362 | 144 |
| 145 | 0:50:27 FEDRICK, Jane | | FV45 | 244 | 145 |
| 146 | 0:50:29 THOMAS, Neil | | MV50 | 161 | 146 |
| 147 | 0:50:34 FERDINANDO, Matthew | | Senior Male | 48 | 147 |
| 148 | 0:50:35 BRESLIN, John | North Wales Road Runners Club | MV45 | 394 | 148 |
| 149 | 0:50:41 GRIFFITH, Laurie | Colwyn Bay AC | FV40 | 59 | 149 |
| 150 | 0:50:42 HAWKINS, John | | Senior Male | 45 | 150 |
| 151 | 0:50:43 CHEETHAM, Abbie | Prestatyn RC | FU/20 | 53 | 151 |
| 152 | 0:50:47 OWEN, David | Prestatyn RC | MV60 | 82 | 152 |
| 153 | 0:50:49 JONES, Pierce | | MU/20 | 116 | 153 |
| 154 | 0:50:51 OWEN-JONES, Roger | | MV40 | 267 | 154 |
| 155 | 0:51:02 HATTON, Kay | North Wales Road Runners Club | FV50 | 222 | 155 |
| 156 | 0:51:07 TURNER, Hayley | Eryri Harriers | Senior Female | 374 | 156 |
| 157 | 0:51:08 CHEETHAM, Paul | | MV50 | 141 | 157 |
| 158 | 0:51:09 OUNSWORTH, Sheena | | Senior Female | 342 | 158 |
| 159 | 0:51:11 CARR, David | | MV45 | 336 | 159 |
| 160 | 0:51:13 WALKER, Kia | | Senior Female | 400 | 160 |
| 161 | 0:52:13 POWNALL, Lee | North Wales Road Runners Club | MV40 | 83 | 161 |
| 162 | 0:51:13 ROWLANDS, Sioned | Eryri Harriers | Senior Female | 64 | 162 |
| 163 | 0:51:13 GIBSON, Emyr | | MV35 | 138 | 163 |
| 164 | 0:51:14 ROBERT, Steven | | MV45 | 247 | 164 |
| 165 | 0:51:32 ASPIN, Karl | Cybi Striders | Senior Male | 156 | 165 |
| 166 | 0:51:39 MURRAY, Gaynor | | FV40 | 306 | 166 |
| 167 | 0:51:41 FILZEK, Francis | | MV55 | 240 | 167 |
| 168 | 0:51:45 WEBB, Nick | | Senior Male | 127 | 168 |
| 169 | 0:52:07 PEEL, Alison | | Senior Female | 294 | 169 |
| 170 | 0:52:13 OWEN, Karen | | Senior Female | 295 | 170 |
| 171 | 0:52:13 DAVIES, Ieuan | Cybi Striders | MV45 | 140 | 171 |
| 172 | 0:52:28 JACKSON, Leonard | North Wales Road Runners Club | MV55 | 278 | 172 |
| 173 | 0:52:34 PHILLIPS, Carys | | Senior Female | 66 | 173 |
| 174 | 0:52:34 POTTER, Anna | | Senior Female | 308 | 174 |

| | | | | | | |
|-----|---------|--------------------------|-------------------------------|---------------|-----|-----|
| 175 | 0:52:36 | MCMULLEN, Cameron | | MV40 | 237 | 175 |
| 176 | 0:52:42 | MORRIS, Will | Oswestry Olympians | MV50 | 289 | 176 |
| 177 | 0:52:43 | MARSDEN, Sarah | | Senior Female | 292 | 177 |
| 178 | 0:52:44 | MITCHELL, Helen | North Wales Road Runners Club | FV45 | 344 | 178 |
| 179 | 0:52:45 | MART, Hannah | | FV35 | 203 | 179 |
| 180 | 0:52:46 | MAHY, Julian | North Wales Road Runners Club | MV55 | 202 | 180 |
| 181 | 0:52:47 | KORDIAK, Kristina Louise | | Senior Female | 283 | 181 |
| 182 | 0:52:56 | RAWLINGS, Barri | | MV40 | 39 | 182 |
| 183 | 0:52:56 | ISMER, Britta | Bangor University | Senior Female | 246 | 183 |
| 184 | 0:52:57 | MEAD, Helen | Colwyn Bay AC | FV40 | 399 | 184 |
| 185 | 0:52:57 | LEE, Nigel | Newcastle AC | MV55 | 153 | 185 |
| 186 | 0:52:59 | COX, Ben | | Senior Male | 131 | 186 |
| 187 | 0:53:04 | WHITE, Ann-marie | | FV40 | 18 | 187 |
| 188 | 0:53:06 | JONES, Alec | | MU/20 | 358 | 188 |
| 189 | 0:53:07 | RYAN, Dave | Buxton AC | MV45 | 51 | 189 |
| 190 | 0:53:33 | ABBAS, Michael | | Senior Male | 150 | 190 |
| 191 | 0:53:35 | REES, Anthony | | MV60 | 310 | 191 |
| 192 | 0:53:37 | STUHLFELDER, Colin | | MV35 | 122 | 192 |
| 193 | 0:53:48 | WILLIAMS, Martin Garth | Eryri Harriers | MV65 | 16 | 193 |
| 194 | 0:54:22 | DAVIES, Nikki | | Senior Female | 261 | 194 |
| 195 | 0:54:47 | THOMAS, Jack | Buckley Runners | MV70 | 114 | 195 |
| 196 | 0:54:54 | BAILEY, Sid | Deestridders | MV55 | 208 | 196 |
| 197 | 0:54:59 | DAWSON, Katie | | Senior Female | 173 | 197 |
| 198 | 0:55:10 | WILLIAMS, Chris | Cybi Striders | Senior Male | 371 | 198 |
| 199 | 0:55:10 | JONES, Phil | | MV35 | 162 | 199 |
| 200 | 0:55:10 | DAWSON-DAVIES, Erika | North Wales Road Runners Club | FV40 | 6 | 200 |
| 201 | 0:55:18 | LORD, Sian | | FV35 | 154 | 201 |
| 202 | 0:55:20 | JONES- ABBAS, Richard | | MV50 | 151 | 202 |
| 203 | 0:55:23 | JONES, John | Prestatyn RC | MV55 | 226 | 203 |
| 204 | 0:55:48 | OWEN, Scott | | MV55 | 254 | 204 |
| 205 | 0:55:49 | ROBERTS, Paul Elwy | | Senior Male | 157 | 205 |
| 206 | 0:55:53 | THATCHER, Cael | | Senior Male | 312 | 206 |
| 207 | 0:56:09 | PARRY, Sue | | FV50 | 373 | 207 |
| 208 | 0:56:15 | JONES, Bryher | | Senior Female | 303 | 208 |
| 209 | 0:56:23 | FILZEK, Judith | | FV55 | 241 | 209 |
| 210 | 0:56:38 | WILLIAMS, Carole | Vale Royal AC | FV60 | 99 | 210 |
| 211 | 0:56:52 | WILLIAMS, Lowri | | FV40 | 347 | 211 |
| 212 | 0:56:58 | MCWHA, Paul | Buxton AC | MV45 | 103 | 212 |
| 213 | 0:56:59 | DAVIES, Josie | North Wales Road Runners Club | FV50 | 260 | 213 |
| 214 | 0:57:22 | TAYLOR, Paul Richard | Oldham & Royton Harriers | MV55 | 78 | 214 |
| 215 | 0:57:29 | WILLIAMS, Tristan James | | Senior Male | 288 | 215 |
| 216 | 0:57:45 | MANFREDI, Sarah | Abergele Harriers | FV40 | 291 | 216 |
| 217 | 0:57:46 | BALL, Valarie | | FV55 | 297 | 217 |
| 218 | 0:57:47 | JONES, Stephen | | MV40 | 206 | 218 |
| 219 | 0:57:50 | GARLINGE, Hannah | | Senior Female | 268 | 219 |
| 220 | 1:00:52 | EARDLEY, Peter | | MV55 | 12 | 220 |
| 221 | 0:57:52 | HUNTER, Juana | | Senior Female | 325 | 221 |
| 222 | 0:58:00 | OWENS, Ian | | MV45 | 238 | 222 |
| 223 | 0:58:17 | TOWLSON, Leah | | Senior Female | 302 | 223 |
| 224 | 0:58:25 | DARLINGTON, Anne | | FV55 | 205 | 224 |
| 225 | 0:58:31 | PLAMPEROVA, Dagmar | Abergele Harriers | Senior Female | 104 | 225 |
| 226 | 0:58:31 | ROBERTS, Iorwerth | Eryri Harriers | MV65 | 62 | 226 |

| | | | | | |
|-----|-----------------------------|-------------------------------|---------------|-----|-----|
| 227 | 0:58:39 BROWN, Jenny | | FV40 | 155 | 227 |
| 228 | 0:58:52 EDWARDS, Gavin | | Senior Male | 49 | 228 |
| 229 | 0:58:53 KELLS, Christina | | FV45 | 217 | 229 |
| 230 | 0:59:05 JARDINE, Roy | Eryri Harriers | MV65 | 232 | 230 |
| 231 | 0:59:07 FLINT, Natasha | | FV45 | 269 | 231 |
| 232 | 0:59:14 JAMES, Natalie | | Senior Female | 299 | 232 |
| 233 | 0:59:24 WATSON, Kyle | | MU/20 | 356 | 233 |
| 234 | 0:59:29 JONES, Sion | | MU/20 | 353 | 234 |
| 235 | 0:59:36 ROBERTS, Geraint | | MV40 | 207 | 235 |
| 236 | 0:59:46 ROBERTS, Nan | | FV40 | 272 | 236 |
| 237 | 0:59:58 LLOYD, Becky | | FV40 | 300 | 237 |
| 238 | 1:00:11 TEWKESBURY, Keith | Abergele Harriers | MV65 | 236 | 238 |
| 239 | 1:00:31 JONES, Alan | | MV55 | 86 | 239 |
| 240 | 1:00:43 KYNASTON, Sharon | Abergele Harriers | Senior Female | 280 | 240 |
| 241 | 1:00:57 SCHOFIELD, Georgina | | Senior Female | 341 | 241 |
| 242 | 1:01:00 MCLAREN, Katrina | | Senior Female | 286 | 242 |
| 243 | 1:01:00 JONES, Giles | | MV35 | 285 | 243 |
| 244 | 1:01:03 LARBY, Ruth | | FV50 | 121 | 244 |
| 245 | 1:01:11 SONL HARDING, Jane | | FV35 | 218 | 245 |
| 246 | 1:02:09 LEWIS, Angharad | | Senior Female | 249 | 246 |
| 247 | 1:02:20 MADDOCK, Fern | | Senior Female | 204 | 247 |
| 248 | 1:02:22 JONES, Trefor | | MV40 | 355 | 248 |
| 249 | 1:02:22 JONES, Mark | | MV50 | 357 | 249 |
| 250 | 1:02:33 ROTHERY, Ian | Cybi Striders | MV55 | 129 | 250 |
| 251 | 1:02:38 RICHARDSON, Carole | | FV35 | 139 | 251 |
| 252 | 1:02:49 AUSTIN, Sue | | FV50 | 257 | 252 |
| 253 | 1:03:24 CHESTER, Kathryn | | FV40 | 133 | 253 |
| 254 | 1:03:46 PRITCHARD, Julie | | FV45 | 107 | 254 |
| 255 | 1:03:58 KENNET, Jane | | FV40 | 132 | 255 |
| 256 | 1:03:58 TURNER, Suzy | Buxton AC | FV40 | 52 | 256 |
| 257 | 1:04:15 DOGA, Elaine | | FV45 | 330 | 257 |
| 258 | 1:04:21 EDWARDS, Joan | North Wales Road Runners Club | FV50 | 46 | 258 |
| 259 | 1:05:05 ALBUTT, Denise | | FV55 | 21 | 259 |
| 260 | 1:05:05 ALBUTT, John | | MV55 | 22 | 260 |
| 261 | 1:05:38 BOTHAM, Patrick | | MV45 | 314 | 261 |
| 262 | 1:05:39 THOMAS, Mick | | MV50 | 350 | 262 |
| 263 | 1:05:48 MEMCILOVIC, Zoran | | MV50 | 360 | 263 |
| 264 | 1:05:54 GUEST, Karen Lesley | | FV50 | 322 | 264 |
| 265 | 1:06:28 CASSY, Sian | | FV35 | 135 | 265 |
| 266 | 1:08:27 ROBERTS, Kate | | FV40 | 253 | 266 |
| 267 | 1:09:33 PERERA, Mark Navin | | Senior Male | 359 | 267 |
| 268 | 1:09:56 MACGREGOR, Lorna | | Senior Female | 365 | 268 |
| 269 | 1:09:57 STRANGE, Emma | | Senior Female | 366 | 269 |
| 270 | 1:11:49 WILLIAMS, Margaret | | FV70 | 372 | 270 |
| 271 | 1:11:53 RENWICK, Stephen | | MV70 | 118 | 271 |
| 272 | 1:14:27 BRAND, Samantha | | FV45 | 223 | 272 |
| 273 | 1:18:18 ROBERTS, Phil | | MV55 | 201 | 273 |
| 274 | 1:30:26 WILLIAMS, Wynn | | Senior Male | 354 | 274 |

There were 274 finishers in the All Competitors category.

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *
Results produced by Abergele Harriers. Printed by Abergele Harriers on 19 January 2013