

The Longmynd Valleys Race

Sun, 10/02/2013 - 17:32 — Keith Richards

Race series:

[Shropshire Hill Winter Series 2012 - 2013](#)

Race link:

[Long Mynd Valleys Race](#)

Race date:

Sun, 10/02/2013 - 11:30am

Race#	Series#	Poss	In Cat	NAME	CLUB	Cat	TIME	%Leader	
994	2700	1	1	Steve Cale	Mercia	SM	1:46:35	1:46:35	105%
10	1489	2	1	Pete Vale	Mercia	M40	1:49:19	1:49:19	103%
988	1789	3	1	Stephen Pyke	Dark Peak	M45	1:50:38	1:50:38	101%
954	3406	4	2	Harold Wyber	Springfield Striders	SM	1:51:33	1:51:33	101%
14	3429	5	3	Andrew Siggers	Kenilworth runners	SM	1:51:52	1:51:52	100%
909	3355	6	4	Edd Charlton-Weedy	Springfield Striders	SM	1:53:19	1:53:19	99%
8	994	7	5	Richard Roberts	Eryri	SM	1:53:29	1:53:29	99%
975	3412	8	2	Dave Taylor	Dark Peak	M45	1:53:36	1:53:36	99%
991	243	9	2	Paul Jones	Mercia	M40	1:54:51	1:54:51	98%
932	1276	10	3	Ian Grindley	Mercia	M45	1:57:12	1:57:12	96%
13	27	11	4	Andrew Yapp	Mercia	M45	1:59:02	1:59:02	94%
15	2725	12	6	Glen Speake	Mercia	SM	1:59:25	1:59:25	94%
936	1907	13	7	Peter Taylor	Tattenhall Runners	SM	1:59:58	1:59:58	94%
965	1400	14	3	Gareth Briggs	Staffs Moorland	M40	2:00:05	2:00:05	93%
986	853	15	8	Jon Hedger	Torq Trail	SM	2:00:39	2:00:39	93%
875	3373	16	1	Julien Minshull	Glossopdale Harriers	M50	2:01:01	2:01:01	93%
887	3378	17	9	David Gregory	U/A	SM	2:01:32	2:01:32	92%
864	2359	18	5	Ed Gamble	Cheshire Hill Racers	M45	2:01:36	2:01:36	92%
854	19	19	6	Andy Davies	Mercia	M45	2:01:38	2:01:38	92%
955	2827	20	10	Tristan Windley	Springfield Striders	SM	2:02:29	2:02:29	92%
977	3414	21	7	Mike Nolan	Dark Peak	M45	2:03:06	2:03:06	91%
937	593	22	4	Mark Bollom	Mercia	M40	2:03:11	2:03:11	91%
911	3388	23	11	Kristof Nowicki	Wolf Pack	SM	2:03:56	2:03:56	91%
972	774	24	1	Mel Price	Mercia	L40	2:04:14	2:04:14	90%
891	3043	25	5	Virgil Barton	Mercia	M40	2:04:31	2:04:31	90%
884	1232	26	12	Tom Roo	Mercia	SM	2:05:47	2:05:47	89%
987	2740	27	1	Ed Davies	Mercia	M55	2:06:44	2:06:44	89%
924	2661	28	1	Jackie Lee	Eryri	SL	2:07:13	2:07:13	88%
918	1116	29	8	Nick Thomas	Telford Harriers	M45	2:08:22	2:08:22	87%
4	2666	30	13	Chris Atherton	Mercia	SM	2:09:16	2:09:16	87%
939	2897	31	14	Jason Phillips	U/A	SM	2:09:39	2:09:39	87%
943	3403	32	15	David Lund	Dark Peak Fell Runners	SM	2:10:06	2:10:06	86%
948	3405	33	2	Ashley Kay	Dark Peak Fell Runners	M50	2:10:46	2:10:46	86%
945	739	34	6	Dave Woodvine	Shropshire Shufflers	M40	2:11:19	2:11:19	85%
957	3005	35	16	Colin Brearley	U/A	SM	2:12:12	2:12:12	85%
929	2236	36	3	Dicky Wilkinson	Dark Peak Fell	M50	2:12:15	2:12:15	85%

Runners

24	3431	37	9	Tim Parr	U/A	M45	2:12:24	2:12:24	85%
857	3366	38	4	Owen Bass	Deeside Runners	M50	2:12:28	2:12:28	85%
940	2401	39	2	Laura Gibson	Totley AC	SL	2:12:36	2:12:36	85%
961	991	40	17	Brian Crowther	Mercia	SM	2:12:46	2:12:46	85%
956	3407	41	18	Ross Langley	Tring RC	SM	2:13:13	2:13:13	84%
946	3008	42	10	Dan Croft	Shrewsbury AC	M45	2:13:21	2:13:21	84%
5	651	43	2	Adrian Pickles	U/A	M55	2:13:36	2:13:36	84%
867	3351	44	7	Dave Cumins	FRA	M40	2:14:11	2:14:11	84%
980	3417	45	19	Chris Hewitson	Congleton Harriers	SM	2:14:23	2:14:23	84%
941	3401	46	2	Helen Elmore	Dark Peak Fell Runners	L40	2:14:46	2:14:46	83%
11	867	47	1	Val Swingler	Shropshire Shufflers	L45	2:15:42	2:15:42	83%
971	3410	48	3	Tracey Dean	U/A	L40	2:15:57	2:15:57	83%
888	3379	49	20	Alistair McNay	Tattenhall Runners	SM	2:17:34	2:17:34	82%
916	566	50	8	Matt Scriven	Mercia	M40	2:17:49	2:17:49	81%
949	2276	51	4	Jean Brown	Clayton le Moors Harriers	L40	2:17:59	2:17:59	81%
920	3390	52	11	Tim Rippon	Dark Rock	M45	2:18:50	2:18:50	81%
921	3391	53	12	Richard Hyde	Erewash Valley	M45	2:19:11	2:19:11	81%
917	240	54	13	Paul Cadman	Mercia	M45	2:19:18	2:19:18	81%
919	887	55	5	Glyn Fletcher	Maldwyn Harriers	M50	2:19:32	2:19:32	80%
978	3415	56	9	James Pearce	Congleton Harriers	M40	2:19:52	2:19:52	80%
981	2159	57	10	Paul Bowes	Shropshire Shufflers	M40	2:20:02	2:20:02	80%
967	3341	58	21	Robert Sharam	Whitchurch Whippets	SM	2:20:43	2:20:43	80%
973	1517	59	14	David Egglestone	Shropshire Shufflers	M45	2:21:32	2:21:32	79%
876	2970	60	22	Thomas Skelton	Glossopdale Harriers	SM	2:21:34	2:21:34	79%
942	3402	61	15	Willy Kitchen	Dark Peak Fell Runners	M45	2:22:02	2:22:02	79%
947	1017	62	16	Darren Mitchelmore	Sy Tri	M45	2:22:15	2:22:15	79%
897	1772	63	17	David Malia	Mercia	M45	2:22:19	2:22:19	79%
915	813	64	23	John Bristow	Malvern Joggers	SM	2:23:06	2:23:06	78%
962	995	65	24	James Adney	Mercia	SM	2:23:24	2:23:24	78%
989	21	66	3	Andy Hauser	Holmfirth Harriers	M55	2:23:39	2:23:39	78%
898	605	67	11	Ashley Gray	Shrewsbury AC	M40	2:24:15	2:24:15	78%
979	3416	68	12	Pete Newham	Congleton Harriers	M40	2:24:16	2:24:16	78%
913	1913	69	25	James Dowdall	Wolf Pack	SM	2:25:36	2:25:36	77%
995	3025	70	13	Matt Harrison	Mercia	M40	2:25:40	2:25:40	77%
7	1839	71	14	Jim Tinnion	Mercia	M40	2:25:48	2:25:48	77%
859	3367	72	18	Mike Lang	U/A	M45	2:26:17	2:26:17	77%
914	3389	73	19	Ian Travis	WFRA	M45	2:28:59	2:28:59	75%
850	1864	74	15	Calvin Wright	Shropshire Shufflers	M40	2:30:15	2:30:15	75%
20	1550	75	20	David Jamieson	Mercia	M45	2:30:42	2:30:42	74%
912	800	76	21	William Harris	Shropshire Shufflers	M45	2:31:05	2:31:05	74%
889	3380	77	26	Richard Kay	U/A	SM	2:31:49	2:31:49	74%
12	1415	78	27	Simon Webb	Walton Chasers	SM	2:32:10	2:32:10	74%
21	533	79	6	Geoff Pettengell	Mowcop Runners	M50	2:33:07	2:33:07	73%
848	3365	80	3	Julia Leventon	Trafford AC	SL	2:33:16	2:33:16	73%
845	3264	81	7	David Virden	Mercia	M50	2:33:32	2:33:32	73%
968	332	82	8	Tim Parker	Mercia	M50	2:33:42	2:33:42	73%
873	161	83	4	John Holland	U/A	M55	2:33:47	2:33:47	73%
879	3376	84	4	Caitlin Rice	Glossopdale Harriers	SL	2:33:53	2:33:53	73%

996	3254	85	9	Andy Robinson	Mercia	M50	2:34:35	2:34:35	73%
907	3387	86	16	Shaun Thompson	Saddleworth Runners	M40	2:34:53	2:34:53	72%
908	2290	87	17	Chris Rogers	Cambridge Harriers	M40	2:35:17	2:35:17	72%
896	3383	88	10	Stephen Brown	Cambridge Harriers	M50	2:35:17	2:35:17	72%
1000	331	89	11	Tim Jones	Shropshire Shufflers	M50	2:36:15	2:36:15	72%
925	3159	90	18	Ian Vann	Newport & District	M40	2:36:41	2:36:41	72%
892	3044	91	22	Stuart Langley	Mercia	M45	2:36:51	2:36:51	72%
877	442	92	12	David Johnston	Mercia	M50	2:37:12	2:37:12	71%
969	3339	93	28	Brian Hickson	Whitchurch Whippets	SM	2:37:33	2:37:33	71%
890	1237	94	13	Steve Bajic	Telford Harriers	M50	2:37:34	2:37:34	71%
900	1433	95	23	Howard Chambers	Saddleworth Runners	M45	2:37:57	2:37:57	71%
959	872	96	24	David Tozer	Bayston Hill Dodgers	M45	2:38:13	2:38:13	71%
982	3418	97	29	Peter Carvell	Congleton Harriers	SM	2:39:03	2:39:03	71%
899	2833	98	5	Chris Wilcox	Clwydian Range Runners	M55	2:40:25	2:40:25	70%
966	3343	99	19	Simon Phillips	Whitchurch Whippets	M40	2:40:43	2:40:43	70%
6	909	100	20	Marc Recoquille	Telford Harriers	M40	2:40:58	2:40:58	70%
26	3435	101	5	Alison Wainwright	0	L40	2:41:03	2:41:03	70%
18	1240	102	30	Adam Hamer	U/A	SM	2:41:15	2:41:15	70%
866	527	103	1	John Williams	Springfield Striders	M60	2:41:24	2:41:24	70%
998	1047	104	6	Phil Clarke	Mercia	M55	2:41:33	2:41:33	69%
935	3399	105	1	Barry Blyth	Macclesfield Harriers	M65	2:41:54	2:41:54	69%
976	3413	106	14	Tom Westgate	Dark Peak	M50	2:43:18	2:43:18	69%
958	1565	107	2	Biddy Haydock	Newport & District	L45	2:43:23	2:43:23	69%
886	2991	108	21	Mark Davies	Mercia	M40	2:43:51	2:43:51	69%
984	3420	109	15	Alex McCormick	U/A	M50	2:44:23	2:44:23	68%
880	1869	110	16	John Hewitt	Glossopdale Harriers	M50	2:44:31	2:44:31	68%
9	1483	111	2	Ian Ankers	Staffs Moorland	M60	2:44:35	2:44:35	68%
862	3009	112	17	Hugh Morgan-Jones	U/A	M50	2:44:53	2:44:53	68%
23	3027	113	7	Eddie Lesniak	Achille Ratti CC	M55	2:44:59	2:44:59	68%
910	2994	114	22	Julian Hart	Cobra	M40	2:45:07	2:45:07	68%
1	376	115	8	Steve Atherton	FRA	M55	2:45:35	2:45:35	68%
933	3397	116	3	Trevor Longman	Macclesfield Harriers	M60	2:46:01	2:46:01	68%
901	268	117	18	Richard Sowden	Black Pear Joggers	M50	2:46:14	2:46:14	68%
902	3384	118	23	Andrew Lawson	U/A	M40	2:46:15	2:46:15	68%
3	3428	119	25	Martin Carter	Hay Hotfooters	M45	2:46:58	2:46:58	67%
19	1141	120	1	Susan Howarth	Mercia	L50	2:47:24	2:47:24	67%
894	2410	121	19	Paul Kent	Cambridge Harriers	M50	2:47:38	2:47:38	67%
846	490	122	26	Andrew Mason	Springfield Striders	M45	2:48:05	2:48:05	67%
860	1775	123	20	Russell Mapp	Mercia	M50	1:50:17	2:48:17	67%
944	3404	124	24	Lewis Ashton	Dark Peak Fell Runners	M40	2:48:37	2:48:37	67%
952	751	125	4	Dave Nichols	Mercia	M60	2:49:46	2:49:46	66%
927	3393	126	25	Phil Holden	Sy Tri	M40	2:50:08	2:50:08	66%
926	2665	127	31	James Hanmer	U/A	SM	2:50:15	2:50:15	66%
874	3372	128	21	Hugh Weston	U/A	M50	2:51:01	2:51:01	66%
974	3411	129	26	Simon Griffith	U/A	M40	2:51:06	2:51:06	66%
950	1873	130	27	Neal Bailey	Mercia	M40	2:51:08	2:51:08	66%
931	3395	131	6	Kate Lightfoot	Tattenhall Runners	L40	2:51:15	2:51:15	66%
951	1872	132	5	Nicola Richards	Mercia	SL	2:51:23	2:51:23	65%
999	112	133	2	Gill Evans	Shrewsbury AC	L50	2:51:47	2:51:47	65%
885	1505	134	6	Naomi Watson	Mercia	SL	2:21:53	2:51:53	65%

960	3119	135	28	Guy Holloway	Bayston Hill Dodgers	M40	2:52:04	2:52:04	65%
938	3400	136	27	Julian Brown	Macclesfield Harriers	M45	2:52:10	2:52:10	65%
883	3377	137	32	Ed Goldsmith	U/A	SM	2:54:15	2:54:15	64%
990	151	138	3	Jean Shotter	Holmfirth Harriers	L50	2:55:42	2:55:42	64%
928	1143	139	29	Ainsley Baker	Tattenhall Runners	M40	2:56:47	2:56:47	63%
904	2324	140	7	Claire Wightman	Saddleworth Runners	SL	2:57:42	2:57:42	63%
922	1928	141	28	Philip Walters	Dark Peak Fell Runners	M45	2:58:46	2:58:46	63%
934	3262	142	5	Brian Hardcastle	Rhayader AC	M60	3:00:58	3:00:58	62%
905	201	143	22	Mark Newell	Cambridge Harr	M50	3:01:19	3:01:19	62%
983	3419	144	33	Thomas Polter	FRA	SM	3:01:30	3:01:30	62%
953	1886	145	34	Andrew Weaver	BHSD	SM	3:01:59	3:01:59	62%
906	2631	146	29	Phil Hayes	Padmore Plodders	M45	3:02:42	3:02:42	61%
868	1859	147	3	Linda Jones	Wrexham	L45	3:03:40	3:03:40	61%
872	585	148	23	Charles Ashley	Wrexham	M50	3:03:41	3:03:41	61%
869	2226	149	8	Kim Norman	Wreccsam Tri	SL	3:03:48	3:03:48	61%
871	3371	150	30	Simon Hide	Wrexham AC	M40	3:03:50	3:03:50	61%
970	1897	151	7	Yvonne Beckwith	Dark Peak	L40	3:03:51	3:03:51	61%
930	3394	152	30	Richard Pegram	Wirksworth	M45	3:03:54	3:03:54	61%
881	141	153	2	Ian Marshall	Cambridge Harriers	M65	3:04:08	3:04:08	61%
903	836	154	31	Chris Myles	Shropshire Shufflers	M45	3:05:01	3:05:01	61%
17	3430	155	31	Richard Wykes	Denbigh Harriers	M40	3:06:20	3:06:20	60%
2	3427	156	9	John Price	Hay Hotfooters	M55	3:07:20	3:07:20	60%
870	3370	157	32	Peter Hughes	Wrexham AC	M45	3:13:13	3:13:13	58%
16	2865	158	6	Martin Cortvriend	Denbigh Harriers	M60	3:19:01	3:19:01	56%
963	3408	159	24	Andrew Banham	Malvern Joggers	M50	3:19:16	3:19:16	56%
964	2336	160	33	Steve Roode	Malvern Joggers	M45	3:19:19	3:19:19	56%
843	1066	161	34	Bill Cork	Oswestry Olympians	M45	2:21:45	3:19:45	56%
858	3325	162	8	Rachel Kerrigan	U/A	L40	2:21:51	3:19:51	56%
844	1256	163	32	John Nightingale	U/A	M40	2:26:13	3:24:13	55%
895	3382	164	9	Roz Tucker	Cambridge Harriers	SL	3:27:01	3:27:01	54%
923	3392	165	33	Martin Griffiths	Dark Peak Fell Runners	M40	3:27:22	3:27:22	54%
997	3426	166	7	Michael Brook	U/A	M60	3:27:29	3:27:29	54%
992	3422	167	10	Mick Fowler	U/A	M55	3:27:58	3:27:58	54%
878	2349	168	35	Patrick Austin	Cambridge Harriers	M45	3:29:00	3:29:00	54%
865	509	169	1	Janet Hill	Springfield Striders	L55	2:31:53	3:29:53	53%
863	2929	170	36	Andy Malpass	Wrekin College TC	M45	2:32:57	3:30:57	53%
861	3334	171	9	Tracey Hayward	Sy Tri	L40	2:33:01	3:31:01	53%
893	3381	172	8	Graham DeCourcy	Cambridge Harriers	M60	3:31:02	3:31:02	53%
25	3434	173	35	Steve ?	U/A	SM	3:32:50	3:32:50	53%
852	2930	174	34	Shaun Western	U/A	M40	2:37:36	3:35:36	52%
841	1857	175	4	Denise Broom	Mercia	L50	2:37:46	3:35:46	52%
842	1514	176	25	Dale Colclough	Mercia	M50	2:37:47	3:35:47	52%
855	17	177	11	Andy Barton	Shropshire Shufflers	M55	2:40:34	3:38:34	51%
851	3332	178	26	Eric Hanna	U/A	M50	2:41:27	3:39:27	51%
853	1981	179	4	Janice Curtis	Mercia	L45	2:49:40	3:47:40	49%
856	2750	180	27	David Roberts	Bayston Hill Dodgers	M50	2:50:50	3:48:50	49%
847	1807	181	3	Dick Scroop	Mercia	M65	3:00:53	3:58:53	47%
849	359	182	1	Peter Norman	Wrexham	M70	DNF	#VALUE!	
985	3421	183	36	Peter Adams	U/A	SM	DNF	#VALUE	

22	755	184	10	Ruth Stafford	Mercia	SL	DNF	! #VALUE
882	2619	185	4	Peter Hadley	Cambridge Harriers	M65	DNF	! #VALUE