

Safe Position	Rhif No	Amser Enw Time Name	Clwb Club	Dynion / Male:					Merched / Female:					
				M	M40	M50	M60	M70	L	L40	L50	L60	L70	
1	45	35.07	Russell Bentley	Kent AC	1	0	0	0	0	0	0	0	0	0
2	55	37.10	John Parkinson	Eryri	0	1	0	0	0	0	0	0	0	0
3	32	37.20	Aled Edwards	u/a	2	0	0	0	0	0	0	0	0	0
4	46	37.39	Mark Davies	NWRRC	3	0	0	0	0	0	0	0	0	0
5	47	37.46	Adam Haynes	Eryri	0	0	1	0	0	0	0	0	0	0
6	28	37.51	Matthew Fortes	Eryri	4	0	0	0	0	0	0	0	0	0
7	42	38.20	Fred Maier	Bangor Uni	5	0	0	0	0	0	0	0	0	0
8	26	38.39	Jason Phillips	u/a	6	0	0	0	0	0	0	0	0	0
9	27	38.48	Andrew Hatton u/23	Bangor Uni	7	0	0	0	0	0	0	0	0	0
10	59	39.30	Craig Jones	Eryri	0	2	0	0	0	0	0	0	0	0
11	51	41.20	Bryn Williams	Eryri	8	0	0	0	0	0	0	0	0	0
12	48	41.44	Gary Porter Jones	Eryri	0	3	0	0	0	0	0	0	0	0
13	39	42.10	Gwion Williams	Eryri	9	0	0	0	0	0	0	0	0	0
14	14	42.16	Alan Duncan	Bowland FR	0	0	0	1	0	0	0	0	0	0
15	49	42.24	Robert Armstrong	Abergele Harriers	0	4	0	0	0	0	0	0	0	0
16	19	42.32	Timothy Whitton	u/a	10	0	0	0	0	0	0	0	0	0
17	56	42.38	Ralph Pawling	u/a	11	0	0	0	0	0	0	0	0	0
18	24	43.31	Rick Littlejohn	u/a	12	0	0	0	0	0	0	0	0	0
19	50	44.21	Ben Haynes u/23	u/a	13	0	0	0	0	0	0	0	0	0
20	41	44.27	Dylan Roberts	u/a	0	5	0	0	0	0	0	0	0	0
21	23	44.34	Graham Davies	Mysteruns	0	6	0	0	0	0	0	0	0	0
22	29	44.38	Glyn Griffiths	u/a	0	0	2	0	0	0	0	0	0	0
23	9	44.42	Neil Hindle	FRA	0	0	3	0	0	0	0	0	0	0
24	17	44.51	Sean Gavin	NWRRC	14	0	0	0	0	0	0	0	0	0
25	25	44.59	Beckie Taylor u/23	Bangor Uni	0	0	0	0	0	1	0	0	0	0
26	36	45.24	Don Kenyon	u/a	0	7	0	0	0	0	0	0	0	0
27	40	46.13	Nick Jones	Eryri	15	0	0	0	0	0	0	0	0	0
28	7	46.22	Matthew Bicknell	Colwyn Bay	16	0	0	0	0	0	0	0	0	0
29	52	46.54	Andrew Barnwell	u/a	0	0	4	0	0	0	0	0	0	0
30	12	46.59	Jeremy Williams	Eryri	0	0	5	0	0	0	0	0	0	0
31	37	47.06	Tony Harvey	u/a	17	0	0	0	0	0	0	0	0	0
32	18	47.10	Rebekah Newstead	u/a	0	0	0	0	0	2	0	0	0	0
33	34	47.24	Graham McVey	u/a	0	8	0	0	0	0	0	0	0	0
34	53	47.33	Jenny Williamson	Eryri	0	0	0	0	0	3	0	0	0	0
35	15	47.53	Paul Hodget	Eryri	0	9	0	0	0	0	0	0	0	0
36	33	48.01	Peter Hughes	u/a	0	10	0	0	0	0	0	0	0	0
37	4	48.22	John Humphries	Mysteruns	0	0	6	0	0	0	0	0	0	0
38	16	48.27	Dave Broatch	u/a	0	0	7	0	0	0	0	0	0	0
39	3	48.49	Richard Bourne	Mysteruns	0	11	0	0	0	0	0	0	0	0
40	43	48.51	Richard Davies	u/a	0	0	8	0	0	0	0	0	0	0
41	8	48.52	Ellie Salisbury	Eryri	0	0	0	0	0	0	0	1	0	0
42	20	48.57	Brenda Tiedtke	Prestatyn RC	0	0	0	0	0	0	0	2	0	0
43	6	49.28	Hayley Turner	Eryri	0	0	0	0	0	4	0	0	0	0
44	44	49.34	Nina Othen	u/a	0	0	0	0	0	5	0	0	0	0
45	13	51.08	Ian Smith	WRFA	0	0	9	0	0	0	0	0	0	0
46	31	53.21	Russell Murray	u/a	0	12	0	0	0	0	0	0	0	0
47	30	53.29	Nicola Maysmor	u/a	0	0	0	0	0	6	0	0	0	0
48	5	53.34	Karl Morris	NWRRC	18	0	0	0	0	0	0	0	0	0
49	34	53.37	Graham McVey	u/a	0	13	0	0	0	0	0	0	0	0
50	22	53.45	Lesley Goodson	NWRRC	0	0	0	0	0	0	1	0	0	0
51	38	53.51	Amanda Wilde	u/a	0	0	0	0	0	0	2	0	0	0
52	57	56.51	Alisa Cook	u/a	0	0	0	0	0	7	0	0	0	0
53	58	56.51	Jen Dickson	u/a	0	0	0	0	0	8	0	0	0	0
54	10	57.56	Linda Edmondson	Wrekin RR	0	0	0	0	0	0	0	3	0	0
55	11	58.46	David Owen	Prestatyn RC	0	0	0	2	0	0	0	0	0	0
56	1	59.13	Anton Kosik	u/a	0	0	10	0	0	0	0	0	0	0
57	21	60.52	Keith Williams	u/a	0	14	0	0	0	0	0	0	0	0
58	2	RTD	Gareth Hughes	Prestatyn RC	0	0	0	3	0	0	0	0	0	0
59	54	RTD	Stephen Paul Jones	u/a	0	0	11	0	0	0	0	0	0	0

Entries

Categories	No	Name	Club	Category	Valid
L	1	Anton Kosik	u/a	M50	ok
L40	2	Gareth Hughes	Prestatyn RC	M60	ok
L50	3	Richard Bourne	Mysteruns	M40	ok
L60	4	John Humphries	Mysteruns	M50	ok
L70	5	Karl Morris	NWRRRC	M	ok
M	6	Hayley Turner	Eryri	L	ok
M40	7	Matthew Bicknell	Colwyn Bay	M	ok
M50	8	Ellie Salisbury	Eryri	L50	ok
M60	9	Neil Hindle	FRA	M50	ok
M70	10	Linda Edmondson	Wrekin RR	L50	ok
	11	David Owen	Prestatyn RC	M60	ok
	12	Jeremy Williams	Eryri	M50	ok
	13	Ian Smith	WRFA	M50	ok
	14	Alan Duncan	Bowland FR	M60	ok
	15	Paul Hodget	Eryri	M40	ok
	16	Dave Broatch	u/a	M50	ok
	17	Sean Gavin	NWRRRC	M	ok
	18	Rebekah Newstead	u/a	L	ok
	19	Timothy Whitton	u/a	M	ok
	20	Brenda Tiedtke	Prestatyn RC	L50	ok
	21	Keith Williams	u/a	M40	ok
	22	Lesley Goodson	NWRRRC	L40	ok
	23	Graham Davies	Mysteruns	M40	ok
	24	Rick Littlejohn	u/a	M	ok
	25	Beckie Taylor u/23	Bangor Uni	L	ok
	26	Jason Phillips	u/a	M	ok
	27	Andrew Hatton u/23	Bangor Uni	M	ok
	28	Matthew Fortes	Eryri	M	ok
	29	Glyn Griffiths	u/a	M50	ok
	30	Nicola Maysmor	u/a	L	ok
	31	Russell Murray	u/a	M40	ok
	32	Aled Edwards	u/a	M	ok
	33	Peter Hughes	u/a	M40	ok
	34	Graham McVey	u/a	M40	ok
	35	Pete Kay	u/a	M40	ok
	36	Don Kenyon	u/a	M40	ok
	37	Tony Harvey	u/a	M	ok
	38	Amanda Wilde	u/a	L40	ok
	39	Gwion Williams	Eryri	M	ok
	40	Nick Jones	Eryri	M	ok
	41	Dylan Roberts	u/a	M40	ok
	42	Fred Maier	Bangor Uni	M	ok
	43	Richard Davies	u/a	M50	ok
	44	Nina Othen	u/a	L	ok
	45	Russell Bentley	Kent AC	M	ok
	46	Mark Davies	NWRRRC	M	ok
	47	Adam Haynes	Eryri	M50	ok
	48	Gary Porter Jones	Eryri	M40	ok
	49	Robert Armstrong	Abergele Harriers	M40	ok
	50	Ben Haynes u/23	u/a	M	ok
	51	Bryn Williams	Eryri	M	ok
	52	Andrew Barnwell	u/a	M50	ok
	53	Jenny Williamson	Eryri	L	ok
	54	Stephen Paul Jones	u/a	M50	ok
	55	John Parkinson	Eryri	M40	ok
	56	Ralph Pawling	u/a	M	ok

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57	Alisa Cook	u/a	L	ok
58	Jen Dickson	u/a	L	ok
59	Craig Jones	Eryri	M40	ok
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