

Ras Barcud Coed 2013

Pos	Time	Family	First	Num	Gen	Age	Catg	Club	M/Split
1	1:22:43	Jones	Nathan	909	M	18	OM	Colwyn Bay	0:06:19
2	1:24:08	Roberts	Richard	918	M	34	OM	Eryri Harriers	0:06:25
3	1:25:17	Jones	Felipe	885	M	37	OM	Aberystwyth AC	0:06:31
4	1:29:04	Slavov	Gancho	920	M	37	OM	Aberystwyth AC	0:06:48
5	1:32:59	Evans	Mike	896	M	38	OM	TROTs	0:07:06
6	1:34:31	Fowler	Justin	850	M	42	M40	Chiltern Harriers AC	0:07:13
7	1:35:21	Thomas	James	919	M	39	OM	D.I.C.	0:07:17
8	1:35:41	Jones	Dominic	874	M	31	OM		0:07:18
9	1:35:43	Kirby	Dominic	838	M	37	OM	Shrewsbury AC	0:07:18
10	1:35:51	Price	Glyn	927	M	46	M45	Sarn Helen	0:07:19
11	1:38:13	JONES	JONATHAN	856	M	43	M40	TROTs	0:07:30
12	1:38:17	Biggs	Norman	895	M	42	M40	Aberystwyth AC	0:07:30
13	1:38:22	Beachell	Ben	851	M	43	M40	Eryri Harriers	0:07:31
14	1:38:29	Jones	Gethin	899	M	40	M40	Sarn Helen	0:07:31
15	1:39:07	Wilkinson	Dicky	913	M	53	M50	Dark Peak Fell Runners	0:07:34
16	1:40:53	Davies	Michael	900	M	44	M40	Sarn Helen	0:07:42
17	1:41:57	Wordfield	Christopher	936	M	23	OM	Aberystwyth Uni Harriers	0:07:47
18	1:42:27	Powel	Dave	930	M	52	M50	Aberystwyth AC	0:07:49
19	1:42:53	Lewis	Chris	907	M	32	OM		0:07:51
20	1:43:18	Lewis	Alex	905	M	33	OM	Neath Harriers	0:07:53
21	1:43:51	Jones	Graham	854	M	57	M55	Shrewsbury AC	0:07:56
22	1:44:04	Lammas	Ned	837	M	47	M45	Evesham Vale Running Club	0:07:57
23	1:44:12	TATE	MIKE	865	M	43	M40	CELTIC TRI	0:07:57
24	1:44:49	Richards	Keith	886	M	40	M40	Aberystwyth AC	0:08:00
25	1:45:23	ROBERTS	SHAN	872	F	45	F45	TROT	0:08:03
26	1:46:09	Powell	Anthony	916	M	40	M40		0:08:06
27	1:47:09	Dawson	Grant	875	M	40	M40	Aberystwyth Uni Harriers	0:08:11
28	1:47:24	Marshall	Helen	904	M	33	OF	Swansea Harriers	0:08:12
29	1:49:12	Thapa	Gary	910	M	39	OM	Cerist Triathlon	0:08:20
30	1:49:34	Hughes	Lenny	878	M	57	M55	Maldwyn Harriers	0:08:22
31	1:49:43	Evans	Geraint	915	M	43	M40		0:08:23
32	1:49:44	Powell	Matthew	906	M	34	OM	Celtic Tri	0:08:23
33	1:49:55	JENKINSON	PAUL	859	M	45	M45	ERYRI	0:08:23
34	1:50:03	Osborne	Peter	934	M	52	M50	Llanelli AC	0:08:24
35	1:50:40	Collins	Emma	843	F	50	F50	Denbigh Harriers	0:08:27
36	1:50:54	Halls	Kyle	933	M	25	OM		0:08:28
37	1:51:01	Jones	Hywel	937	M	51	M50	Amman Valley Harriers	0:08:28
38	1:51:18	WILLIAMS	CARWYN	870	M	20	OM		0:08:30
39	1:51:31	Hudspith	Scott	880	M	19	OM	Aberystwyth AC	0:08:31
40	1:51:47	Gauton	Ashley	844	M	55	M55	Denbigh Harriers	0:08:32
41	1:51:57	Williams	Calvin	924	M	51	M50	Sarn Helen	0:08:33
42	1:52:01	Truswell	Andrew	898	M	30	OM	Sparkhill Harriers	0:08:33
43	1:52:53	Barbour	Sheila	839	F	42	F40	Evesham Vale Running Club	0:08:37
44	1:52:55	Livesey	David	935	M	58	M55	Llanbeder Harrirs	0:08:37

45	1:53:01	Hughes	Kevin	903	M	39	OM	Sarn Helen	0:08:38
46	1:53:25	Hall	Tony	893	M	48	M55	Sarn Helen	0:08:39
47	1:53:40	Jamieson	David	923	M	48	M45	Mercis Fell Runners	0:08:41
48	1:54:57	Bevan	David	889	M	46	M45	Saddlecroft	0:08:46
49	1:55:07	DAVIES	NIGEL	869	M	41	M40	SARN HELEN	0:08:47
50	1:55:54	Stafford	Ruth	877	F	37	F35	Mercia	0:08:51
51	1:56:30	Orme	Gordon	890	M	71	M70	Cardigan Running Club	0:08:54
52	1:56:52	Jolly	Dee	894	F	26	OF	Sarn Helen	0:08:55
53	1:57:09	Davies	Susan	891	F	48	F45	CroFt AMbrey Runners	0:08:57
54	1:57:48	ROBERTS	DUANE	832	M	49	M45		0:09:00
55	1:58:06	Williams	Martin	892	M	45	M45	CroFt AMbrey Runners	0:09:01
56	1:59:03	Rowlands	Glyn	855	M	55	M55	Meirionydd	0:09:05
57	1:59:08	Evans	Goronwy	897	M	56	M55	Aberystwyth AC	0:09:06
58	1:59:55	DAVIES	CARYL	861	F	25	OF	SARN HELEN	0:09:09
59	1:59:56	Millington	Emily	840	F	39	F35	Wolf Pack	0:09:09
60	2:00:27	Evans	John	876	M	67	M65	Aberystwyth AC	0:09:12
61	2:00:34	Rose	Paul	902	M	48	M45	Aberystwyth AC	0:09:12
62	2:01:03	Betts	Roy	841	M	52	M50	Evesham Vale Running Club	0:09:14
63	2:02:18	Morgan-Jones	Hugh	888	M	53	M50	F R A	0:09:20
64	2:02:23	Jenkins	Alun	914	M	49	M45	Rhayader RC	0:09:21
65	2:03:16	Kenwright	Dawn	887	F	57	F55	Sarn Helen	0:09:25
66	2:04:42	Arnold	Jayne	846	F	41	F40	Celtic Tri	0:09:31
67	2:04:42	Arnold	Paul	847	M	45	M45	Celtic Tri	0:09:31
68	2:05:06	Glufiudd	Enid	921	F	38	F35		0:09:33
69	2:05:27	WORTHING	ANITA	835	F	57	F55	ABERYSTWYTH AC	0:09:35
70	2:05:38	SAMPSON	ABY	867	F	19	OF		0:09:35
71	2:05:43	Willoughby	Helen	836	F	48	F45	Sarn Helen	0:09:36
72	2:06:47	RODERICK	DAVID	871	M	62	M60	DEESIDE AAC	0:09:41
73	2:09:44	Wachuku-King	Kirsty	849	F	34	OF	Lingfield	0:09:54
74	2:10:09	Owen	?	917	M		M60		0:09:56
75	2:10:41	Harrison	Peter	929	M	48	M45	Welash TPT Regt	0:09:59
76	2:11:02	Jones	Arther	925	M	18	OM	Aberystwyth AC	0:10:00
77	2:11:09	Kennerley	Adam	912	M	47	M45	CroFt AMbrey Runners	0:10:01
78	2:11:36	BREEN	DAVE	868	M	59	M55	PORTHCAWL RUNNERS	0:10:03
79	2:13:06	Junia	Wendell	879	M	38	OM	Aberystwyth AC	0:10:10
80	2:13:27	Davies	Tom	901	M	64	M60	CroFt AMbrey Runners	0:10:11
81	2:14:17	Cserhati	Eva	881	F	38	F35	Mindenkör	0:10:15
82	2:14:54	PRICE	ANGHARAD	873	F	21	OF		0:10:18
83	2:22:09	Lloyd	Christine	842	F	54	F50	Evesham Vale Running Club	0:10:51
84	2:22:13	Matthews	John	884	M	20	Om		0:10:51
85	2:22:56	Bates	Julie	938	F	31	OF	Amman Valley Harriers	0:10:55
86	2:23:47	Carter	Andrew	911	M	50	M50		0:10:59
87	2:24:37	Meredith	Rhian	928	F	42	F40	Aberystwyth AC	0:11:02
88	2:27:41	Elliott	Charlette	882	F	20	OF	Aberystwyth Uni Harriers	0:11:16
89	2:36:31	Jones	Brenda	853	F	71	F70	Bro Dysynni AC	0:11:57
90	2:39:55	King	Michael	852	M	65	M65	Nalsea Running Club	0:12:12
91	2:40:16	Santos	Cristina	922	F	50	F50	Rhayader RC	0:12:14
92	2:40:53	Jenkins	Gareth	932	M	47	M45	Pontypwl	0:12:17

93	2:42:47	HOLLEY	CORINA	858	F	47	F45	TENBY ACES	0:12:26
94	2:47:07	Wild	Amanda	931	F	39	F35	Pontypwl	0:12:45
95	2:51:05	Hodges	Mike	908	M	60	M60	TROTs	0:13:04
96	2:55:10	Jones	Gundrun	926	F	55	F55	Sarn Helen	0:13:22
97	3:18:46	WEYMAN	KIRSTY	863	F	43	F40		0:15:10

These Results are from the Time Sheets of the Time Recorders.

If your time is wrong email to info@tiscali.co.uk. THANKS Pat Sherwood