

North Wales 10 Mile				27th April 2013		
POS	CAT POS	CHAMP POS	TIME	NAME	CLUB	AGE GROUP
			mm : ss			
1	1	1	55 : 32	Brendan Rothery	Eryri Harriers	SM
2	1	2	55 : 54	Darren Rowlands	Wrexham AAC	M40
3	1		57 : 8	David Hudson	Salford Harriers	M35
4	1	3	57 : 21	Gary Norgrove	Wrecsam Tri	M45
5	2	4	58 : 9	Desi Damiani	Wrexham AAC	M35
6	2	5	58 : 55	Thomas Spence	Wrexham AAC	SM
7	2		60 : 7	Lee Barlow	Wesham Running Club	M40
8	1		60 : 19	Hayley Kuter	Salford Harriers	W35
9	3	6	61 : 6	Andy Bromley	Deeside AAC	SM
10	3		61 : 8	Mark Davies	West Cheshire AAC	M35
11	3	7	61 : 42	Stephen Eardley	Colwyn Bay AAC	M40
12	4	8	62 : 2	John Edward Morris	Denbigh Harriers	SM
13	2	9	62 : 18	Jeff Gifford	Buckley RC	M45
14	1	10	63 : 10	Mike Robbins	Wrexham AAC	M50
15	1		64 : 0	Jayne Joy	Helsby RC	SW
16	3	11	64 : 2	Irfon Rowlands	Cybi Striders	M45
17	1	12	64 : 14	Stephen Davies	Mansfeild Harriers AC	M55
18	4		64 : 30	Graham Halsall	Penny Lane Striders	M35
19	2		64 : 49	Simon Rogers	Pensby Runners	M50
20	4	13	64 : 55	George Nicholls	Prestatyn RC	M40
21	4		65 : 20	Robert Burke	Liverpool RC	M45
22	5	14	65 : 32	Edward Davies	Buckley RC	M40
23	1		65 : 42	Jacqueline Massey	Mansfeild Harriers AC	W45
24	2		65 : 48	Elizabeth Renondeau	Tattenhall Runners	SW
25	6	15	65 : 58	David Millington	Wrexham AAC	M40
26	5		66 : 17	Stephen McNicholas	Penny Lane Striders	M45
27	2		66 : 54	Sara Atkinson	Tattenhall Runners	W45
28	1	16	67 : 15	George Nixon	Prestatyn RC	M60
29	2	17	67 : 39	Clive Edgington	Meirionnydd RC	M55
30	7	18	67 : 51	Michael V Jones	Buckley RC	M40
31	6	19	68 : 58	Russell Godwin	Colwyn Bay AAC	M45
32	8		69 : 7	David Owens	Penny Lane Striders	M40
33	1		69 : 26	Jacqui Khoueir	Holmfirth Harriers	W40
34	7	20	69 : 29	Russ Cheetham	Prestatyn RC	M45
35	3	21	70 : 0	Ashley Gauton	Denbigh Harriers	M55
36	3	22	70 : 41	Tony Benton	Denbigh Harriers	M50
37	1	23	71 : 3	Margaret Ludden	Buckley RC	W50
38	1	24	71 : 13	Jeff Davies	Meirionnydd RC	M65
39	4		72 : 7	David Chrystie-Lowe	Stockport Harriers	M55
40	8		72 : 12	Gwyn Roberts	Unattached	M45
41	9		72 : 30	Adrian Mercer	Pensby Runners	M40
42	2		72 : 36	Mary Tavener	Vale Royal AAC	W50
43	5		73 : 9	Phil Bransby	Unattached	M55
44	10		73 : 43	Steve Riley	Helsby RC	M40
45	4	25	74 : 14	David Baugh	Denbigh Harriers	M50
46	2		74 : 20	Geoff Shaw	Helsby RC	M60
47	6	26	74 : 45	Chris Higgins	Buckley RC	M55
48	3		75 : 24	Gordon Scholefield	Pensby Runners	M60
49	2		75 : 26	Tanya Barlow	Blackpool Wyrer Fyde AC	W40

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51	2	28	75 : 51	Mary Dowell-Jones	Colwyn Bay AAC	W35
52	3		76 : 0	Carol Shaw	Helsby RC	W50
53	4	29	76 : 40	David Roderick	Deeside AAC	M60
54	5		78 : 27	Chris Thrift	Unattached	SM
55	9	30	78 : 48	Stephen Jolly	Deeside AAC	M45
56	8	31	79 : 40	Charles Ashley	Wrexham AAC	M55
57	3	32	80 : 40	Victoria Whitehead	Denbigh Harriers	W40
58	2	33	81 : 23	Arthur Egan	Wrexham AAC	M65
59	4	34	81 : 40	Fenella Higgins	Buckley RC	W40
60	10		82 : 33	Peter Harris	Unattached	M45
61	1	35	84 : 55	Roger Harrison-Jones	Prestatyn RC	M75
62	11		87 : 0	Graham Hammond	Unattached	M45
63	1		87 : 7	Alison Meakin	Helsby RC	W55
64	1	36	87 : 38	J.J. Thomas	Buckley RC	M70
65	3	37	87 : 55	John Tee	Bro Dysynni AAC	M65
66	2	38	88 : 10	Phillip Jones	Prestatyn RC	M70
67	2		88 : 58	Kay Masters	Sandbach Striders	W55
68	3		89 : 32	Aileen Raistrick	Trafford Athletics	W45
69	5		89 : 44	David Jones	Unattached	M50
70	1	39	90 : 41	Brenda Jones	Bro Dysynni AAC	W70
71	3	40	91 : 54	Cara Frank	R A F	SW
72	4		93 : 4	Janet Leighton	Unattached	W45
73	9		96 : 10	Richard Westcott	Unattached	M55
74	10		97 : 47	Denis Culloty	Sandbach Striders	M55
75	5		98 : 1	Althea Deane	Penny Lane Striders	W45
76	3		101 : 9	Liz O'Keeffe	Sandbach Striders	W55
77	6	41	149 : 0	Marit Evans	Bro Dysynni AAC	W45
78	0	42	149 : 0	Sheila Symonds	Bro Dysynni AAC	W80