

Gyrn Gallop Rhiwlas - 26 August 2006

Position	Name	Club	Category	Time
1	STEVE VERNON	STOCKPORT H	M	37.50
2	PETER RILEY	LEIGH H	M	37.51
3	RICHARD ROBERTS	ERYRI H	M	41.51
4	JON BOWIE	OSWESTRY	M	42.04
5	EDWARD DAVIES	MERCIA FR	M50	44.19
6	CHARLES ASHLEY	WREXHAM AC	M45	46.30
7	PAUL STINTON	BUCKLEY RC	M	46.48
8	PAUL JONES	OSWESTRY	M	47.04
9	GRAHAM LOWE	HELSEBY RC	M	47.10
10	DAVE POWELL	U/A	M45	47.40
11	MARK PAVIOUR	PRESTEIGNE P	M40	47.56
12	ELWYN DAVIES	U/A	M40	48.06
13	MATTHEW TREBY	TATTENHALL RC	M	48.08
14	STEVE JONES	ERYRI H	M50	48.17
15	LEO MURRAY	SHREWSBURY AC	M	48.39
16	JOHN CLEMENTS	MERCIA FR	M60	49.04
17	JOHN RICHARDS	OSWESTRY	M40	49.23
18	EMYR DAVIES	ERYRI H	M60	49.59
19	JOHN MORRIS	VEG & CYCLING AC	M45	50.06
20	DEAN LOXHAM	STOCKPORT H	M45	50.40
21	NIGEL ROWLANDS	CLWYDIAN RR	M	50.52
22	JAN KARDASZ	U/A	M45	51.07
23	PETER ROBERTS	BUCKLEY RC	M60	51.17
24	PHIL GILLARD	HELSEBY RC	M45	51.37
25	MARC ROCQUILLE	U/A	M	51.43
26	WALTER MARSH	BRODYSYNNI	M55	52.05
27	COLIN WILLIAMSON	SHROPSHIRE SHUFFLERS	M60	52.21
28	DAVID HUGHES	U/A	M40	52.33
29	DEREK OWEN	SHREWSBURY AC	M50	52.36
30	JACQUI DAVIES	MERCIA FR	F	52.40
31	LEIGHTON ANTHONY	U/A	M40	52.52
32	ANDY SMITH	HELSEBY RC	M45	52.59
33	JOHN MORRIS	BUCKLEY RC	M60	53.40
34	MARK ASHWORTH	MAIDENHEAD AC	M40	53.45
35	ALISON TICKNER	OSWESTRY	F35	53.50
36	CHRIS WILCOX	FRA	M50	54.04
37	LOUISE BARKER	ABERYSTWYTH	F	54.37
38	DAVE MATTHEWS	U/A	M45	54.47
39	DAWN URQUART	BUCKLEY RC	F	54.51
40	GARY GUNNER	CROFT AMBREY	M60	54.57
41	ANDY HEATON	LAST INN RUNNERS	M40	55.19
42	HOLLY TAYLOR	HELSEBY RC	F	55.29
43	ALAN JENKINS	TELFORD H	M45	56.22
44	FRANK ADLEN	PENSBY RC	M50	56.37
45	GLYN JONES	U/A	M40	56.49
46	DANNY JENKINS	FRA	M45	57.17
47	ANDY TODD	HELSEBY RC	M60	57.45
48	MICHAEL CHARMAN	HELSEBY RC	M55	57.55
49	BARRIE JACKSON	BRODYSYNNI	M65	58.12
50	COLIN DOWNEY	DUDLEY AND K'WINFORD	M45	59.56
51	PETER NORMAN	WREXHAM AC	M65	60.00
52	STEPH CHARMAN	HELSEBY RC	F55	60.58
53	TONY SALES	SHREWSBURY AC	M55	64.53

54	ALAN HODGKISS	TELFORD AC	M60	65.18
55	SIMON RICHARDS	U/A	M45	65.54
56	WILLIAM METCALFE	BASILDON AC	M60	66.00
57	DAVID BEARD	ERYRI H	M50	67.00
58	MARIE SPURLING	SHROPSHIRE SHUFFLERS	F35	67.03
59	BEVERLY ROBERTS	HELSEBY RC	F35	67.23
60	MIKE MURRAY	FRA	M55	68.45
61	ALAN BOURNE	STAFFS MOR	M65	72.42
62	MARK WILKINSON	SHROPSHIRE SHUFFLERS	M	80.06