

Hotfoot up Famau, Llanferres - 5th July 2006

1	Ian Houston		Wrexham AC	35.12
2	Anthony Smith		Ambleside	38.09
3	Neil Ashcroft		Ambleside	38.17
4	John Montgomery	V40	Clwydian Range Runners	39.19
5	Gary Norgrove		Wrexham AC	41.34
6	Andrew Clague		West Cheshire AC	41.38
7	Paul Stinton		Clwydian Range Runners	41.57
8	Stephen Bellis	V50	Buckley	42.18
9	Huw Lewis	V40	Buckley	42.27
10	Max Taylor		Helsby	42.34
11	Charles Ashley	V40	Wrexham AC	42.4
12	Steve Hammond	V40	Tattenhall Runners	42.46
13	Tony Hulme	V50	Cheshire Hill Runners	43.22
14	Simon Edwards		Unattached	43.24
15	Paul Howarth	V40	Wirral AC	43.55
16	Peter Taylor		Tattenhall Runners	43.56
17	Carl Jones		Unattached	44.07
18	Andy Morgan	V40	Clwydian Range Runners	44.34
19	Sarah Hammond	LV40	Tattenhall Runners	44.55
20	Mark Smith		Tattenhall Runners	45.23
21	Nicholas Holmes	V40	Tattenhall Runners	45.57
22	John Morris	V60	Buckley	46
23	David Brown	V40	Unattached	46.05
24	Kean Rowlands	V40	Clwydian Range Runners	46.42
25	Matthew Treby		Tattenhall Runners	46.58
26	Chris Jones		Deestriders	47.09
27	Andrea Roberts	L	Eryri Harriers	47.11
28	Neil Parry		Unattached	47.3
29	David Stephens	V40	Unattached	48.08
30	Dawn Urquhart	L	Buckley	48.16
31	Hughes Redondeau		Unattached	48.41
32	Robert Jones	V50	WFRA	48.44
33	Robert Crowe		Tattenhall Runners	48.48
34	Stephen Marr		Wirral AC	49.01
35	John Keyworth	V50	Pensby	49.11
36	Jim Davis	V40	FRA	49.21
37	Stephen Norbury		Unattached	49.22
38	Alan Heath		WFRA	49.36
39	Mike Blake	V50	Eryri Harriers	50.26
40	Andy Worthington	V50	Pensby	50.32
41	Chris Wilcox	V50	FRA	50.48
42	Martin G Williams	V50	Eryri Harriers	50.53
43	William James	V40	WFRA	50.54
44	Andy Blair	V40	Tattenhall Runners	50.57
45	David Owens		Clwydian Range Runners	51.03
46	Matthew Brown	V40	Glossopdale	51.25
47	Becky Hoare	JL	Unattached	51.4
48	Wayne Percival	V40	Ambleside	51.41
49	Malcolm Whiteside	V50	Tattenhall Runners	51.43
50	Kenny Hughes	V50	Wreccsam Tri	51.59
51	Anne Rosbottom	L	Wirral AC	52.04
52	Andy Todd	V60	Helsby	52.23
53	Ainsley Baker		Tattenhall Runners	52.35

54	Sandra Rowlands	L	Clwydian Range Runners	52.57
55	Philip Jones	V60	Prestatyn RC	53.05
56	Sue Ellis	LV40	Tattenhall Runners	53.38
57	Elizabeth Crawshaw	L	Wirral AC	53.56
58	Trevor Pears	V40	Unattached	54.33
59	Budge English	LV40	Denbigh Harriers	54.39
60	Steve Hatfield	V50	Prestatyn RC	54.46
61	Annemarie Allen	LV40	Denbigh Harriers	55.07
62	Andrew Isaac	V40	Unattached	55.51
63	Philippa Mahen	L	Unattached	56.05
64	Alison Smith	L	Tattenhall Runners	56.22
65	Sandra Montgomery	L	Clwydian Range Runners	57.42
66	Malcolm Parry	V60	Unattached	57.42
67	David Carnelly		Tattenhall Runners	58.37
68	Brian Evans	V60	Eryri Harriers	59.34
69	Ruth Pyblis	L	Unattached	59.48
70	Susan Ridings	LV40	Clwydian Range Runners	60.14
71	Jason Burton		Prestatyn RC	62.15
72	Richard Barrett		Tattenhall Runners	62.35
73	Tony Howley	V50	Wreccsam Tri	64.22
74	Stephen Roberts		Unattached	64.43
75	Amy Edwards	L	Unattached	64.52
76	Catherine Jones	L	Tattenhall Runners	67.08
76	Helen Lester	L	Tattenhall Runners	67.08
78	Bob Huntbach	V50	Helsby	71.5
79	Lesley Clague	LV60	Tattenhall Runners	72.05