

RESULTS OF THE 6TH RAS HENDRE WALLOG TRAIL RACE, ABERGYNOLWYN, 03/08/06

1. Steve Gilliland (Bro Dysynni A.C.) - 15.52mins (1st Male) (New Course Record)
2. Amanda Wright (Birchfield Harriers) - 16.53mins (1st Female) (New Ladies Course Record)
3. Dewi Roberts (Bro Dysynni A.C.) - 16.54mins (2nd Male)
4. Gerwyn Pugh (U/A) - 18.09mins (1st Junior Male)
5. Jos Jones (Bro Dysynni A.C.) - 18.23mins (3rd Male)
6. Mark Williams (Mercia Fell Runners) - 18.57mins (1st Male Over-45)
7. Darryl Evans (U/A) - 19.39mins (2nd Male Over-45)
8. Gareth Griffiths (U/A) - 20.29mins (1st Senior Male)
9. Richard Griffiths (Bro Dysynni A.C.) - 20.33mins (1st Male Over-55)
10. Alban Jones (Bro Dysynni A.C.) - 20.54mins (2nd Male Over-55)
11. Chris Lewis (Bro Dysynni A.C.) - 21.01mins (1st Male Over-50)
12. Rhys Lewis (U/A) - 21.02mins (2nd Junior Male)
13. Dylan Jones (Bro Dysynni A.C.) - 21.40mins (2nd Senior Male)
14. Ed Powl-Jones (U/A) - 22.27mins
15. Aaron Roberts (U/A) - 23.04mins
16. James Morgan (U/A) - 23.55mins
17. Rebecca Dallimore (U/A) - 24.24mins (2nd Female)
18. Brenda Jones (Bro Dysynni A.C.) - 24.40mins (3rd Female)
19. William Hutchinson (U/A) - 25.51mins
20. Huw Williams (U/A) - 25.59mins
21. Jacob Hutchinson (U/A) - 26.27mins
22. Dilwyn Bryan (U/A) - 26.58mins
23. Annette Beeby (U/A) - 27.00mins (1st Female Over-40)
24. Andy Unwin (Bro Dysynni A.C.) - 29.16mins (1st Male Over-40)
25. Huw Jones (U/A) - 30.10mins
26. Steffan Owen (U/A) - 30.18mins
27. Adele Powl-Jones (U/A) - 30.34mins (1st Female Over-35)
28. Alan Jones (Bro Dysynni A.C.) - 30.35mins
29. Colin Markham (U/A) - 30.36mins
30. Marj Griffiths (Bro Dysynni A.C.) - 31.17mins (1st Female Over-60)
31. Roy Peel (Bro Dysynni A.C.) - 32.11mins (1st Male Over-60)
32. Sheila Symonds (Bro Dysynni A.C.) - 33.23mins (1st Female Over-70)
33. William Jones (U/A) - 33.31mins
34. Lisa Markham (U/A) - 33.32mins (2nd Female Over-35)
35. Tom Markham (U/A) - 33.33mins
36. Kirsty Rudd (U/A) - 34.48mins (1st Junior Female)
37. Elen Lewis (U/A) - 34.49mins (2nd Junior Female)
38. Lee Rudd (Bro Dysynni A.C.) - 34.50mins
39. Tom Lewis (Bro Dysynni A.C.) - 34.51mins